

# Munul Sun

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#### SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 4, 2016

MARCH SUNRISE/SUNSET:

**4** 6:49 • 6:31 **5** 6:48 • 6:32 **6** 6:47 • 6:32 **7** 6:46 • 6:33 **8** 6:45 • 6:33 **9** 6:44 • 6:34 **10** 6:43 • 6:34

# Sanibel Music Festival Bringing In Impressive Line-Up Of Performers



Jasper String Quartet

he Jasper String Quartet, winner of the prestigious Cleveland Quartet Award in 2012, will perform at the Sanibel Music Festival at Sanibel Congregational United Church of Christ on Saturday, March 5 at 8 p.m. The concert is sponsored by Pat and Davis Thurber.

The program includes Haydn Quartet in G major, Op. 76, No. 1; Shostakovich Quartet No. 8 in C minor, Op. 110; and Beethoven Quartet in F major, Op. 135.

The quartet was formed at Oberlin Conservatory and trained with the Tokyo String Quartet as Yale's Graduate Quartet-In-Residence. They are now the Professional Quartet-In-Residence at Temple University's Center for Gifted Young Musicians. The



David Finckel and Wu Han

Jasper has released three highly acclaimed albums.

Coined by the Wall Street Journal as the "power couple of chamber music," cellist David Finckel and his wife, pianist Wu Han, will perform on Tuesday, March 8 at 8 p.m. This concert is sponsored by Sue and Tom Pick.

The program includes Strauss Sonata in F major, Op. 6; Albeniz Suite Espagnole, Op. 47; Glazunov Song of a Minstrel; and Chopin Sonata in G minor, Op. 65.

The duo has served as artistic directors of the Chamber Music Society of Lincoln Center since 2004. They are also the artistic directors of Music@Menlo, an internationally-acclaimed chamber music festival in Silicon Valley. Han has mesmerized audiences with her solo recitals. Finckel is the original cellist of the renowned Emerson String Quartet. They are the first duo to win Musical America's coveted Musician of the Year Award.

Vadym Kholodenko will perform on Saturday, March 12 at 8 p.m. He captured a



Seated at last week's Lee County mayors workshop on Sanibel were, from left, Randy Henderson of Fort Myers, Marni Sawicki of Cape Coral, Kevin Ruane of Sanibel, Anita Cereceda of Fort Myers Beach and Nick Batos of Estero. Not pictured is Ben Nelson, mayor

# Mayors Discuss Progress, Future Plans At Workshop On Water Releases

by Jeff Lysiak

ess than 24 hours after returning from Washington, DC, Sanibel Mayor Kevin Ruane and two of his fellow local mayors - Marni Sawicki of Cape Coral and Randy Henderson of Fort Myers – joined three additional Southwest Florida

leaders for a two-hour workshop to discuss the progress they made in the nation's capital regarding ongoing water issues.

On February 26, Ruane, Sawicki and Henderson were joined by mayors Ben Nelson of Bonita Springs, Anita Cereceda of Fort Myers Beach and Nick Batos of Estero at MacKenzie Hall, Sanibel, where the group – along with Lee County Commissioner Brian Hamman – talked about the 19 meetings they had over the course of three days in Washington.

"I felt very encouraged," said Henderson. "We were well received, so I left there feeling very hopeful that we will be able to continue to coalesce on this complicated issue."

The trio of Lee County mayors met with Florida's congressional delegation - including local representative Curt Clawson - as well as Senator Bill Nelson, the U.S. Senate Committee on Environment and Public Works, the U.S. Senate Appropriations Committee and the Energy and Water Subcommittee of the U.S. House of Representative Committee on Appropriations.

We are committed to global solutions across geographic and partisan barriers. We continue to coalesce around long-term solutions that acquire land and move waters from Lake Okeechobee south," Ruane reported after the second day of meetings in Washington. "All of our meetings have been very productive and interactive. We are meeting in round-table formats with the congressional members and their staffs. Our goal is to not to just be heard but to obtain commitments to fund long-term solutions."

"I think we did make some headway," Sawicki said last Friday. "They certainly know

where Southwest Florida is now.



#### Looking Back:

# Andy Rosse At 'Jack's Party'



Andy Rosse (far left) has fun with unknown people at 'Jack's Party,' as written on the back of photo. It is a snapshot from the Rosse Family Collection, gifted to the Captiva Island Historical Society. The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to visit The History Gallery and learn through graphic and video panels about the combination of events and people that shaped Captiva. The Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane in Captiva. Open during Library hours.

photo archives of the Captiva Island Historical Society

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# Let's Get Historical



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# for the Sanibel Historical Village

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Under the tents at the historical village

Music by Kelly & Shelly

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Tickets are \$150 each, with sponsor levels available at the \$1,000, \$500, and \$300 levels.

For tickets, contact Emilie Alfino at 472-4648 or via email at info@sanibelmuseum.org.

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# Shipwreck Shenanigans Highlight Go FISH Fundraiser



A choreographed Calypso dance routine was one of the highlights of Sunday's GO FISH fundraising gala held at The Sanctuary Golf Club. The theme was based on the 1960s TV sitcom Gilligan's Island, and partygoers were encouraged to come dressed as their favorite character from the show. photos by Jeff Lysiak



From left, Jack Alexander, Lyn and Bob Kern and Clair Beckmann



Bob and Linda Osburn came dressed as The Howells, Thurston and Lovey



Auctioneers Eric Pfeiffer and Nicole McHale



Jerry Edelman, John Morse and Maryann



Melanie Moraga, Paul Gulbrandsen and **Shannen Haves** 



From left, Adair Heath, Jack Alexander, Bill Griffin, John Morse and Ed Ridlehoover



Island Jazz members include, from left, Bud Pike, Louis Pradt, Jim Wendt, Bob Schroepfer, Gene Federico, Charlie Winkler, Sally-Jane Heit, Glen Poling, Harry Reiner and Tom Cooley. Not pictured is Dick Montgomery.

## Island Jazz Free Concerts

Island Jazz is performing free outdoor concerts in the Boler Garden in front of BIG ARTS every Sunday afternoon

until the end of April. The concerts begin at 3 p.m. All are invited to bring their own beach chairs and enjoy the music. In case of rain, the concert will move into the covered Gainer Veranda.





Meet the owners

## Motor Club Cruise-In

The SanCap Motor Club will be holding its monthly Cars and Coffee Cruise-in at Periwinkle



A look under the hood

continued on page 12



## Island Seniors At The Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Ann Rodman If you are not on the Page Turners list, and wish to be, email annrodman@aol. com or contact the Center 4 Life.

The featured book for Wednesday, March 9 at 2:30 p.m. is *The Lake House* by Kate Morton.

**Mindful Meditation** – Tuesday, March 8, 1 to 2:15 p.m. An introduction to Mindfulness with Barbara P. Ward, certified Kripalu Yoga teacher and a licensed psychotherapist, who has been practicing professionally for over 30 years. This will be a no stress workshop. If you can breathe, you can do it. You can sit, stand or lie down on the floor, no special technical skills required. The class is limited to 30 participants. Advanced registration is required.

Morikami Museum and Japanese **Gardens** – Thursday, March 17. Cost is \$48 for members and \$58 for non-member. Trip includes round trip transportation, private tour with an in-depth look at the current exhibits in the museum galleries and a tour of the museum's Seishin-an Tea House & Donald B. Gordon Memorial Library as well as a

brief introduction of the gardens. Lunch on your own at the Morikami's Cornell Café. Advanced registration is required, limited to 30 participants. First come, first served. Deadline is March 11.

Hurricane Season: Be Prepared Before the Threat of a Storm -Friday, March 18 at 1 p.m. Lt. William Dalton, Sanibel Emergency Management director with the Sanibel Police Department will provide the presentation. There will be a question-and-answer session for those who would like information regarding the upcoming hurricane season. Contact the center or stop by to

AARP Driver Safety Course – Thursdays, March 10 and 17, 1 to 4 p.m. Course fee is \$20 and AARP members receive a \$5 discount. Interactive six-hour class for drivers 50 and older to learn proven safety strategies, rules of the road and how to deal with aggressive drivers. You will be eligible for a discount on your auto insurance. Register by contacting Ed VanderHey at 292-4012. You need not be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

Rosy Tomorrows Heritage Farms Tour with Lunch – Wednesday, March 30. Cost is \$25 for members and \$35 for non-members. A casual tour with a knowledgeable docent who will take you on a short walking tour to get an up close and personal look at a working local

farm. Meet the animals and learn more about the organic and holistic methods used at Rosy Tomorrows Organic Farms. Homemade prix-fixe lunch (included) with your choice of entrees and a farm fresh garden salad. Carpooling available. Advanced registration is required. Sign up deadline is March 25.

#### Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are

Bridge - Monday and Wednesday at 1 p.m.

Mahjongg – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for nonmembers. Prizes are awarded.

**Hand & Foot** – Thursday at 1 p.m. **Tuesday Kayaking** – March 8, 10 and 17 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required. **Fitness Classes** 

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday,

Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness - Monday, Wednesday and Friday at 9:30 a.m. and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness - Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.☆



# The F.I.S.H. of Sanibel-Captiva, Inc. Board and staff would like to thank everyone for their generous support of the 3rd annual Go F.I.S.H.! Island Giving for Island Living Celebration.

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## The Community House



Fishing club members Gary Biltgen and Doug Mallon, SCA's Teresa Riska-Hall, Warren Teigen, fishing club president, and Tom Sharbaugh, SCA president

#### Help Save Our House!

he Sanibel Island Fishing Club has challenged all 57 island organizations that meet at The Community House to match or beat their \$1,000 donation.

#### Coffee And Conversation

esidents are invited for coffee and conversation at The Community House on Wednesday, March 9 at 10 a.m. This informal get-together will give newcomers an overview of the island's non-profits, clubs and civic opportunities plus other information that will help them become part of the community. If you have a new neighbor who has recently arrived, pass the word.

#### Free Energy Workshops

Taren L. Semmelman, director of Semmelman Energy Center, will host a series of workshops on Optimizing Your Health, based on Eden Energy Medicine. Six monthly two-hour workshops are on the agenda on the

following Wednesdays:
• March 9, 4 to 6 p.m. Use Energy Medicine tools to create movement and looseness for joints troubled by arthritis, stiffness and replacements;

• April 6, 6 to 8 p.m. Body, mind or spirit in overdrive? Unleash the innate ease with Energy Medicine.

Semmelman, a matrimonial lawyer for 30-plus years, is an advanced Eden Energy practitioner, teacher and inspirational speaker.

For more information, email ksemmelmanenergy@gmail.com.

#### Colorful Sips

vening art and wine parties with local artist Sissi Janku are designed to encourage the artist within to complete a masterpiece. Member price is \$45, non-members. \$55. Classes will be held on the following Wednesdays from 7 to 9 p.m.: March 9, March 16, April 6 and April 20. No experience is necessary. All materials are provided. Bring your favorite wine and a snack for sharing.

#### **Nutrition For Your Health**

amela B. Sullivan, RDN, will speak about Anti-Inflammatory Foods on Thursday, March 10 from 1 to 2 p.m. Cost per session is \$10 for members, \$15 for guests.

Discover foods with antiinflammatory properties, their nutrition and health benefits, and how to include them in your meals.

Sullivan is a graduate of Cornell University with a degree in food and nutrition.

#### Love Your iPhone/iPad

he course is for the beginner wanting the master the basics. Cost is \$40 for members and \$45 for non-members.

The class is on Thursday, March 10 from 9:30 to 11 a.m. with an hour open for questions.

#### **Baseball Season Is Here**

pend an evening with Nick Cafardo, national baseball columnist for the Boston Globe, MLB Network insider and contributor on NESN's Red Sox pre-game show on Thursday, March 10 at 7 p.m. He will entertain with stories on the



Nick Cafardo

Boston Red Sox and the 2016 baseball season. Tickets are \$10 at the door, with proceeds going to The Community House renovation fund.

Anyone with questions may call Bill Gibney at 603-765-3925.

#### Paper Crafts

reate unique and special greeting cards to share with friends and family. Carol Morris will introduce you to your creative side. At each workshop, a variety of greeting cards will be made for all occasions, special events and

Various techniques will be shared

including stamping, embossing, cutting, creative folding and embellishing. Workshop fee includes all supplies. Class will be March 15 from 9:30 a.m. to 12:30 p.m. Fee for members is \$25 and \$35 for guests. Pre-payment is required.

#### **Drug-Free Arthritis Relief**

r. Brian Healy will be discussing various treatment options for the inflammation, immobility and chronic pain commonly associated with various forms of arthritis on Thursday, March 24, from 2 to 3 p.m. and 6 to 7

Topics will include Massage Therapy, Acupuncture, Movement Therapy, Herbal Medicines, Homeopathic Remedies, Topical Products, Anti Inflammatory Diet and Laser Therapy.

Dr. Healy is an acupuncture physician, doctor of oriental medicine, medical massage therapist and certified yoga teacher. He is the director of Sanibel Wellness Inc. and has been treating arthritis in the Sanibel-Captiva community since 1993.

Admission is free with a donation of canned goods or \$5 to FISH of Sanibel.

#### **Duplicate Bridge**

n Tuesday, February 23, there were 10 tables in play at The Community House. The winners

#### North/South

- 1. Yvonne Dressel and George Willoughby 2. Joan and Bob Kent
- 3. Karen Moss and John McDermott
- 4. Kenneth Appel and Albert Simon East/West
- 1. Susan Riley and Ann Urban
- 2. Dorothy and Irwin Levy
- 3. Susan Greenberg and Charles Edwards

4. Sue Danford and Linda Drasnin On Thursday, February 25, there were eight tables in play. The winners were:

#### North/South

- 1. Jane Witte and Tom Giles
- 2. Kenneth Appel and Albert Simon
- 3. Lynne and Simon Scott

#### East/West

- 1. Karen and Geoffrey Moss
- 2. Peter Danford and Brian Ellis
- 3. Caroline Oldenburg and Charlene

There are two ACBL-sanctioned games per week, Tuesdays and Thursdays, 1 to 4:30 p.m. The Tuesday game runs from the beginning of January through the end of April; the Thursday game runs from the beginning of January through the end of March.

For further information, contact Susan Willoughby at 281-3258.

The Community House is located at 2173 Periwinkle Way. For more information and reservations, visit www.sanibelcommunityhouse.net or call 472-2155.☆

# A Celebration Of Creativity



Gvotaku artist Charlie Brown at work in the studio

n Saturday, March 12 from 5 to 9 p.m., Tower Gallery will host what it is calling a "p-ART-y, A Celebration of Visual Creativity." Featured artist Charlie Brown will be demonstrating the Japanese art of gyotaku, or fish printing. Two neighboring galleries will be joining Tower Art Gallery that night for a creative

• Hirdie-Girdie Gallery will be having its Spring Fling and

• Surroundings by Melinda will be having a night of Art Under the Stars. All three galleries plan special events with refreshments and art.

Brown became interested in the Japanese folk art of gyotaku because he is a fisherman. In gyotaku, each fish is inked directly and an image is transferred onto paper. In Japan, before photography, fishermen used this method to take a "picture' of their

large fish, proving the size of their catch. Brown grew up in Fort Myers, as did his father. He fishes out of his home in Shell

Creek. The images he creates came from fish caught by him, his friends and family. Tower Gallery is at 751 Tarpon Bay Road. For more information, call 472-4557.

# Cattle Ranching In Florida Between Cuba And Gulf Ports

he Captiva Island Historical Society will present an evening featuring John Parke Wright IV, a sixth generation Floridian, who will speak about his ancestors, the Lykes, a prominent southwest Florida family, who pioneered trade between Cuba and the United States from the 1850s up to 1960, after which Fidel Castro was in power.

The Lykes established trade, primarily cattle and citrus, from Tampa to Havana. This trade flourished and led to the formation of the Lykes Bros. Steamships, which was the largest U.S. shipping line operating out of Gulf ports. Later, a Lykes Bros. ship would be the first to sail into Shanghai harbor after the U. S. established relations with mainland China.

In addition, Lykes Bros. Inc. became one of the largest landowners in the U.S, owning more than 600,000 acres in Florida and Texas combined. They concentrated on cattle ranching and citrus production.



John Parke Wright IV

Like his ancestors, Wright has spent much of his life in the ancestor of the Lykes Family, cattle industry, yet most of his business is in nations such as the largest landowners China, Saudi Arabia and Cuba.
Wright will give a fist-hand account of the evolving business with cattle, shipping,

citrus, etc. and the cultural relationship between the United States and Cuba.

The program will be held on Tuesday, March 8 from 5:30 to 7 p.m. at the Captiva Community Center on Chapin Lane. There will be light refreshments served. The event is sponsored by Sanibel Captiva Trust Company.

#### To advertise in the Island Sun Call 395-1213



# Protestors Slow Traffic On Causeway

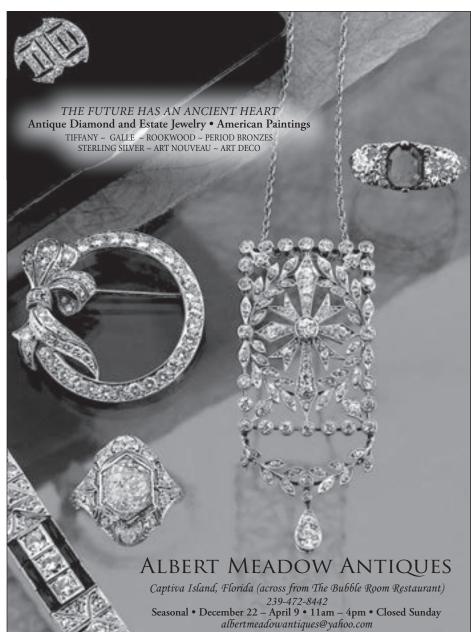


More than a dozen protesters calling for clean water - each holding a sign asking commuters to honk their horns - lined Island B of the Sanibel Causeway on Monday, bringing traffic to a near standstill during the afternoon rush hour. Messages on the signs also read "Buy The Land," "Our Water, Our Health" and "Lake O Spews Poisons."

photo by Jeff Lysiak

# ValMark Operation Valentine

The message is a simple one, "Thank you so much for what you do, we always need you." This is just one of the many sweet messages from the heart of a child to a soldier overseas in a project called Operation Valentine. Sanibel based ValMark Memorial Group created this wonderful project back in 2008 as a way for elementary school students across America to write messages to the troops continued on page 30



#### What's Happening At The House In 2016

## **Events**

**Shell Festival** 

March 3-5 9am-5pm

#### **Historic Documentary Film**

March 10 Library 4 pm-6 pm March 20 Island Cinema 1 pm The Community House-Birthplace of a City, Heartbeat of its People

#### **Nutrition**

"Anti-Inflammatory" March 10 Sponsored by Sanibel Captiva Trust Company

**King Arthur Flour Day** Wed., March 23

Restore the Heart of the Island Campaign Polynesian Review & Luau

Sat., March 26 6-9 \$50/adult

# **Programs**

**Bridge Lessons** and Sanctioned

Duplicate Bridge Tues/Thurs

#### iPad/iPhone

Thursday, Mar. 10 \$40 Members/\$45 Guests

> **Silk Painting** Monday, Mar. 7

Sissi's Colorful Sips

Wed., Mar. 16 7pm

Mon., Thurs 8:30 am Meditation, Paper crafts and more! \*other dates/times available see website



Telephone: (239) 472-2155 info@sanibelcommunityhouse.net www.sanibelcommunityhouse.net 2173 Periwinkle Way, Sanibel, FL 33957

"To enrich community spirit through educational, cultural and social gatherings in our historic Community House." The SCA is a 501c 3 Organization. Follow Us On Facebook

# Council Applauds Community Rating



During Tuesday's city council meeting, Sanibel was recognized by the State of Florida Surgeon General as a Healthy Weight Community Champion for 2016. Mayor Kevin Ruane, fourth from left, introduced Florida Health Department representative Kevin Kirkwood along with the Sanibel Recreation Department and Center 4 Life as well as community service organizations in attendance.

photo by Jeff Lysiak

by Jeff Lysiak

uring a busy city council session on Tuesday morning, an analysis of the Community Rating System (CRS) – a voluntary incentive program that encourages community floodplain management activities that exceed the minimum National Flood Insurance Program requirements by reducing insurance premiums - revealed that Sanibel continues to be a Class 5

As a result of the classification, island residents are eligible to receive up to a 25 percent reduction in flood insurance premiums. As a result of the city's participation in the CRS and 18 creditable activities - which include public information, mapping and regulations, flood damage reduction and flood preparedness – residents may eliminate Cumulative Substantial Improvement limits as well as the 50 Percent Maximum Increase of Floor Area for Property Lifetime restriction.

The analysis revealed that Sanibel

received a confirmed 2,597 credits, landing the city within the Class 5 range (2,500 to 2,999 credits). In order to advance to a Class 4 Community, Sanibel would need to achieve between 3,000 and 3.499 credits, making residents eligible for up to a 30 percent reduction in flood insurance premiums.

'Upon evaluation, there is an identifiable route for Sanibel to reach a CRS Class 4 Certification," a summary of the CRS analysis reads. "However, in doing so, there would be significant and far reaching impacts to construction on the island. Should Sanibel opt to remain a Class 5, options would exist for flexibility within current standards to cumulative substantial improvements.

Following a "cost/benefit" analysis of what it would take for Sanibel to move up to a Class 4 Community - including higher regulatory standards, developing of local Watershed Master Plan and Local Mitigation Strategy, realtor involvement and flood warning and response planning - city staff determined that remaining in

its current class would be more appropriate. Members of the council unanimously

In other business, Mayor Kevin Ruane continued to promote improving local water quality. Following last week's Lee County Mayor's workshop session at MacKenzie Hall, during which each of the cities represented (Sanibel, Bonita Springs, Cape Coral, Estero, Fort Myers and Fort Myers Beach) pledged to "get everybody on the same page," Ruane enlisted Vice Mayor Mick Denham to reach out to those communities and share the clean water programs and strategies used on the island with the rest of Southwest Florida.

Specifically, Denham will share information on how Sanibel has implemented programs such as:

- Fertilizer and golf course management
- Conversion from septic tank to central sewer system
  - Native plant/habitat protection

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The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, please call (239) 395-1213, or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: (239) 395-2299.

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Jeanie Tinch



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# **CROW Calendar** Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, March 4 11 a.m., adults \$7, teens \$5, 12 and under no charge -Wild About Rehabilitation presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Friday, March 4, 2 to 3:30 **p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks include two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

**Saturday, March 5 11 a.m.**, adults \$7, teens \$5, 12 and under no charge Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, March 5, 2 p.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Monday, March 7, 11 a.m. and 2 p.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

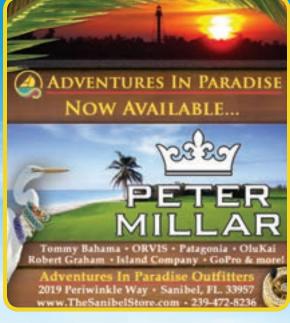
Tuesday, March 8, 11 a.m., adults \$7, teens \$5, 12 and under no charge continued on page 17



# Gardens

1975 Periwinkle Way









## Artists Of The Month



Heron by Carol Good

hroughout the month of March, the artwork of Carol Good and Kathleen Taylor will add interest and color to Fellowship Hall at Sanibel Congregational United Church of Christ. Both are highly respected artists whose work is well known and enjoyed in this area and elsewhere.

"Painting for me is the magic of light and color," Good said. "I manipulate the use of light colors again dark colors for a dramatic effect. While I try to convey reality, I'm more interested in capturing the mood or personality of the subject.'

Good, a life-long resident of Carbondale, Illinois and winter resident of Sanibel for the past seven years, began painting in watercolors 27 years ago. While largely selftaught, she has studied with noted artists and continues to attend workshops and win awards for her work. Among her most recent awards are first and second place in the San-Cap Art League Juried Show. In December 2015, she was juried into the 10th Biennial National Arts Exhibition, which is on view at the Visual Arts Center in Punta Gorda through March 12.

Taylor is a winter resident of Fort Myers and summers in Cape Cod. She has been painting for more than 30 years.

'Our Southwest Florida islands and long seashore feature beautiful views that are

TR LLBEADS Spring & Uniques Trunk Show March 10 - March 13 Wear your Trollbeads Bracelet to receive a \$20 Store Gift Card for every free gift and polish \$150 Trollbeads purchase Representative will be bringing lots of 1571 Pertwinkle Way Unique Beads on Friday, March,11 Sanibel Island, Florida

ideal for painting," she said. "I have chosen watercolor because of the spontaneity and freshness of the medium. My technique features a gentle blending of colors and transparency. I strive to capture the beautiful colors of Florida in my seascapes and landscapes. I especially enjoy painting on location with outdoor painting groups at Fort Myers Beach and on Sanibel.

Taylor is from a family of artists and started painting with her mother, Anna Taylor, on painting holidays to Ireland. Later, she studied at the Birmingham Bloomfield Art Association in Michigan and has participated in many workshops. She is a member of the SanCap Art League, of which she was president from 2013 to 2015, and Fort Myers Beach Art Association and participates in their shows.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel Island. For more information, call 472-0497.



Vadym Kholodenko

From page 1

## Music Festival

coveted gold medal in the 14th Quadrennial Cliburn Competition in June 2013, His concert is sponsored by Bunny and Joel Ospa and Clare and Ted Sawyer.

The program includes Schumann Nachtstücke, Op. 23; Schumann Nachtstücke, Op. 20; and Scriabin 24 Preludes, Op. 11.
During the Cliburn Competition,

Kholodenko captured the attention of the jury, audience and critics during his performances that "brought the audience to their feet, cheering a rock star,"

according to the Cincinnati Enquirer. Besides the gold medal, Kholodenko also took home prizes in two other categories: best performance of the piano quintet and of a commissioned work. He has forged an international career as one of the most musically dynamic and technically gifted performers of his generation.

Tickets are available at \$45 each

at www.sanibelmusicfestival.org or by calling 344-7025. Tickets may also be purchased by cash or check at Bank of the Islands, 1699 Periwinkle Way, and Sanibel Captiva Community Bank, 2477 Library Way.

The Sanibel Congregational United Church of Christ is at 2050 Periwinkle Way.☆

From page 5

#### Cruise-In

Place shopping center on Saturday, March 5 from 9 to 11 a.m. Scot Congress says, "Look for the

checkered flag. Whether you are in the club or not, whether you have an old car or just love cars, Periwinkle Place is the place to be Saturday morning for any car enthusiast.

Club co-founder Mike Stone said, "Last month we had over 70 cars, several from every decade, stirring those memories from the glory years. It's amazing how many terrific cars there are on the island, and what a great excuse to get them out and drive.. No preregistration is necessary, Just show up.

For more information call Congress 472-4177章

Our email address is press@islandsunnews.com

# **COME WORSHIP**

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# Theological Studies Course To Focus On Leonard Bernstein Work

'usic for the Heart and Soul: The Life and Work of Leonard Bernstein is the title of the Theological Studies course being presented this month at Sanibel Congregational Church of Christ by Rev. Dr. John Danner and Dr. Douglas Renfroe. They will offer lectures and musical presentations, film clips and recordings of Bernstein works. Abigail Allison will provide piano accompaniment.

The course, with 10 a.m. and 7:30 p.m. classes on Wednesdays, March 9 and 16, features sessions on Bernstein and Broadway, Bernstein and the Psalms, and Bernstein and the

The morning and evening sessions are identical. There is no charge to attend, and the public is welcome. The church is located at 2050 Periwinkle Way on Sanibel.

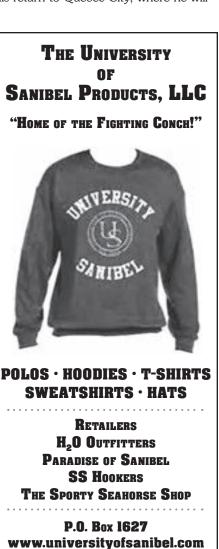
Dr. Danner began his tenure as Senior Pastor at Sanibel Congregational United Church of Christ in January of 2010. Prior to coming to Sanibel he served churches in the Northeast, most recently in Westport, Conn. Ordained in 1980, he has degrees from Bradford College, the University of Maine, Bangor Theological Seminary and Boston University. He has trained as a pastoral psychotherapist and is a Fellow in the American Association of Pastoral Counselors and also a graduate of the Shalem Institute of Spiritual Formation. He also studied voice under Barbara McClosky at Bradford College. Dr. Danner has contributed materials to two collections of liturgical resources, Touch Holiness and From the Psalms to the Cloud.



**Doug Renfroe** 

Dr. Renfroe is an internationally acclaimed bass baritone, who has served as Cantor at Temple Bat Yam on Sanibel since 2001. He has performed in numerous concerts and conducted at music festivals in major venues throughout Europe and the U.S. His theatre credits include touring as Tevye in Fiddler on the Roof with performances in Tel Aviv, Jerusalem, Bulgaria and Vienna. He has created two equity theatre companies and has appeared in three motion pictures. In addition to his tenure at Temple Bat Yam, he is the artistic director of the Voices of Naples, an auditioned choral ensemble. Sought after as a soloist and guest conductor, he will be performing in Italy during early May prior to his return to Quebec City, where he will

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perform at various venues over the summer of 2016 and serve as Artist-in-Residence for the Cathedral of the Holy Trinity in Quebec.

Allison is a professional accompanist/collaborator who has worked in the Ithaca, New York, Chicago and Southwest Florida. She holds a double degree in piano performance and string education from Ithaca College and works with both student and professional instrumentalists and vocalists, including national competition winners. In addition to continuing her work as a freelance pianist, she is the accompanist for the Symphonic Chorale of Southwest Florida and is the service pianist for Temple Bat Yam.

For more information, contact the church office at 472-0497.



The 2016 World Day of Prayer committee is comprised of (left to right) Jo Ellen Tucker from the Sanibel Community Church, Emily Kletzien representing Chapel by the Sea, Judy Palaia and Mollie Lassy from the Sanibel Congregational United Church of Christ, Becky Higbie from the First Church of Christ Scientist and Gillian Bath from Saint Michael and All Angels. Not pictured is Shirley Bohnert from St. Isabel Catholic Church.

## World Day Of Prayer Service Connects With Women Of Cuba

Tomen, men and children across the globe will celebrate the World Day of Prayer on Friday, March 4, at 10 a.m. This year's service for participating churches on Sanibel and Captiva will be at the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way on Sanibel.

Each year a different country's committee serves as writers of the World Day of Prayer worship service. For 2016, the women of the WDP Committee of Cuba call us into worship considering the words "Receive children, receive me." With these words as backdrop, participants are invited to learn about Cuba's history and rich cultural diversity. All communities of faith join the women of Cuba in prayer and song to support ecumenical efforts toward justice, peace, healing and wholeness.

For more information, call the SCUCC office at 472-0497.

# Churches/Temples

#### **ANNUNCIATION GREEK** ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study. www.orthodox-faith.com, 481-2099

BAT YAM-TEMPLE OF THE ISLANDS The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin

Pokedoff at 239-395-2544 CAPTIVA CHAPEL BY THE SEA The Reverend George E. Morris Services every Sunday 11 a.m. through April 24, 2016. 11580 Chapin Lane on Captiva, 472-1646.

Captiva. 4/2-1646.
FIRST CHURCH OF CHRIST, SCIENTIST
2950 West Gulf Dr., Sunday 10:30 a.m.;
Sunday School 10:30 a.m., Wednesday
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#### SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684
Dr. Daryl Donovan, Senior Pastor
Sunday Worship: 8 a.m. Traditional in
historic Chapel, 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary, 10:15 a.m. Courtyard Fellowship, 9 and 11 a.m. Bible classes. Childcare available at all services.

#### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

2050 Periwinkle Way 472-0497 The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m Chapel Service, 9 and 11 a.m. Full Service with Sunday school and nursery care provided.

Elevator access.

ST. ISABEL CATHOLIC CHURCH 3559 San-Cap Road, 472-2763 Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and

# Tuesday 8:30 a.m. Holy Days call. ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

5 p.m. Saturday Eucharist, 8 and 10:30 a.m Sunday Eucharist, 10:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck. 6 p.m. Third Wednesdays Taizé Service. . 472-2173, www.saintmichaels-sanibel.org

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month



From left, Susen Berg, Rev. George Morris and Nathalie Pyle

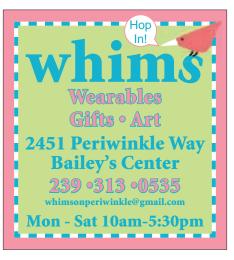
# Chapel By The Sea Historic Service

ll are invited to attend Captiva Chapel by the Sea on Sunday, March 6 for a one-time presentation and worship service called A Glance Back in Time, offering a unique look at the historical aspect of gthe old chapel. The service will take place at 11 a.m. Susen Berg will portray Hattie Brainerd's imaginary friend Agnes Anderson, the Rev. George Morris will take the role of Reverend George Gatewood andnd Nathalie Pyle will play Susan Karr. The church is located at 11580 Chapin Lane.☆



The Sacred Dancers Luann Fortune, left, and Gari Lewis from St. Michael and All Angels Episcopal Church on Sanibel will be dancing at the presentation

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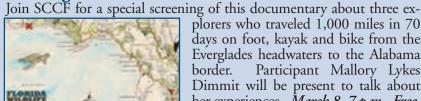
Join us for an informative Gallery Talk with artists Ro Lohin and Kevin Wixted, Thursday, March 10th, 4PM

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### The Forgotten Coast: Return to Wild Florida — March 8



plorers who traveled 1,000 miles in 70 days on foot, kayak and bike from the Everglades headwaters to the Alabama border. Participant Mallory Lykes Dimmit will be present to talk about her experiences. March 8, 7 p.m. Free. Community House, 2137 Periwinkle.

#### Caloosahatchee Oxbow & Riverlore Cruise — March 13

Come with us to experience the historic meanders of the upriver Caloosahatchee on this 2.5-hour cruise guided by Rae Ann Wessel. Advance reservations and payment required. \$45 per person. Call 472-2329.

Guided Walking Tours... Call 472-2329 for more info Lighthouse Beach, Bay & Birds — March 9 at 8 a.m. Meet at picnic pavilion. You must pay to park. Weeds, Seeds & Birds at the Preserves — March 14 at 8:45 a.m. Trail Walks at the Nature Center — Tuesday - Friday at 11 a.m.

#### Owl Tales — March 9

The nesting season for Great Horned, Barn, and Screech Owls of the islands has begun. The Great Horned Owl uses a nest built by an osprey, hawk, or eagle. The Screech and Barn Owls nest in tree cavities. Wednesday, March 9 at 10 a.m. \$5 adults.

#### Tank Talk — March 8

Learn about the Nature Center's educational ambassadors living in tanks, including an endangered Indigo snake, Diamondback Terrapins, and critters in the touch tank. Tuesday, March 8 at 10 a.m. \$5 adults

#### Tides, Currents & the Florida Shelf — March 9

Why do the islands sometimes have just one tide a day? Learn how water behaves as the earth spins, the moon orbits and the winds blow. Wed., March 9 at 1 p.m. \$5 adults

#### Turtle Tracks — March 10

Learn about the life cycles and habits of the sea turtles and shorebirds that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them. Thursday, Mar. 10 at 10 a.m. \$5 adults.

#### **Explore Our Trails, Nature Center and Observation Tower**

Butterfly House - Guided tour Tuesdays 10 a.m.; also self-guided. *Nature Center* – live turtles, snakes, videos, 4 miles of walking trails with an observation tower. \$5 adults

Guided Trail Walks - Tues-Fri, 11 a.m. 4 miles of trails to explore \$5 adults The Shipley Trail - Located on the Bailey Homestead Preserve, it connects the City of Sanibel's Pond Apple Park Trail (beginning at the Chamber) to Roadside City Park on Periwinkle.

#### SCCF's Native Landscapes & Garden Center

Come visit our Native Landscapes & Garden Center at their new location at the Bailey Homestead Preserve, 1300 Periwinkle Way. Hours: 8:30 a.m. - 5 p.m. Mon.-Fri. and 10 a.m. - 3 p.m. on Sat. *The old Nursery at the Nature Center is closed.* 

#### Sanibel-Captiva Conservation Foundation

3333 Sanibel-Captiva Road (one mile west of Tarpon Bay Road) Nature Center: Open Monday-Friday 8:30 a.m. - 4 p.m. Garden Center: Open Mon-Fri 8:30 a.m.-5 p.m.; Sat 10 a.m.-3 p.m. SCCF: (239) 472-2329 Garden Center: 472-1932 www.sccf.org

# Rabbi To Speak On The African And Afro-American Jewish Experience

abbi Capers Funnye from Chicago is coming to Southwest Florida as the guest speaker at area congregations for the weekend of March 11, 12 and 3. His purpose is to build bridges to mainstream congregations. His visit is made possible by Bat Yam Temple of the Islands on Sanibel, Temple Judea in Fort Myers and the Jewish Federation of Lee and Charlotte Counties with additional support from the Leo Rosner Foundation in honor of June Rosner.

Funnye is the rabbi and spiritual leader of Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation in Chicago, one of the largest black synagogues in the United States. Since October 2015, Rabbi Funnye has also served as the chief rabbi of the International Israelite Board of Rabbis, serving African American and African Jewish congregations in the United States, Nigeria, Ghana and Uganda.

Rabbi Funnye received his undergraduate degree in Jewish Studies and a Masters degree from Spertus Institute of Jewish Studies in Chicago. He is a graduate of the Israelite Academy and received his ordination from Chief Rabbi Levi Ben Levy in

He has lectured at numerous universities, synagogues, churches and community organizations. He has appeared on local and national television and spoken on numerous radio programs.

His weekend of speaking engagements begins on Friday, March 11, at 7:30 p.m. at Temple Bat Yam, 2050 Periwinkle Way, Sanibel (meeting within Sanibel Congregational UCC). His topic will be, My Sacred Journey to Judaism.

On Saturday, March 12, at 9:30 a.m., he will join the congregation of Temple Judea, 14486 A&W Bulb Road, Fort Myers and discuss, Prophets in Our Times: Martin Luther King, Jr. and Abraham Joshua Heschel.

For the third presentation, on Sunday, March 13, at 1 p.m., Rabbi Funnye returns to Sanibel's Temple Bat Yam The topic of his lecture is, The History of Judaism in the African American Community from 1918 to the Present.

All three programs are free and open to the public. For further information or directions, call Temple Bat Yam at 395-2544 or Temple Judea at 433-0201.

> Email your editorial copy to: press@islandsunnews.com





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On The Island Since 1982

From page 11

#### **CROW Calendar**

CROW Case of the Week, presented by a CROW student.

Tuesday, March 8, 2 to 3:30 **p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

Tuesday, March 8, 4:15 p.m., adults \$7, teens \$5, 12 and under no charge – Speaker Series: Strategies for Successful Wildlife Photography.

Southwest Florida professional bird/ fine art photographer Geoff Coe will discuss his approach to his craft. Coe's ability to create award-winning images focuses on curiosity, a keen appreciation of wind, tides and weather, and respect for the habitat and the behaviors of his subjects.

Wednesday, March 9, 11 a.m., adults \$7, teens \$5, 12 and under no charge - Wildlife Rescue 101, presented by a CROW volunteer. Live animal encounter following the presentation.

Wednesday, March 9, 2 to 3:30

p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

Thursday, March 10, 11 a.m., adults \$7, teens \$5, 12 and under no charge - CROW Case of the Week, presented by a CROW student.

Thursday, March 10, 12 to 1:30 p.m., \$30 per person, advance registration required - Lunch and Learn with Dr. Barron, CROW's hospital director.

CROW's Hospital Director Dr. Heather Barron decribes the clinic's role in supporting the interconnectedness of human health, animal health and environmental health. Reservations include a boxed lunch catered by the Sanibel Deli and concludes with a four of CROW's hospital and rehabilitation grounds. Photography opportunity available following the tour with an animal ambassador.

Thursday, March 10, 2 p.m., adults \$7, teens \$5, 12 and under no charge - Wildlife Rescue 101, presented by a CROW volunteer. Live animal encounter following the presentation.



Dr. Krystal Woo

# **CROW** Welcomes New Veterinarian

arlier this year, the Clinic for the Rehabilitation of Wildlife welcomed Krystal Woo, DVM, to their Sanibel facility. Woo, from Anaheim, Califonia, joined the CROW hospital team in January. She received her DVM degree from University of Illinois, Urbana-Champaign and previously interned at Southern California Veterinary Specialty Hospital. Woo will intern with CROW until the

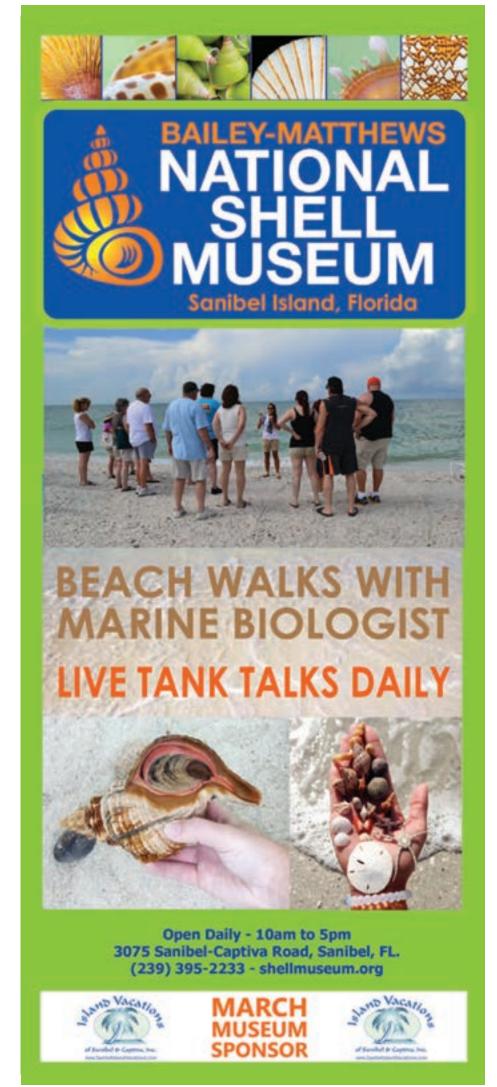
end of December 2016. \$

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# Fish Caught



Capt. Kasey Szegeski



ast week, Sanibel resident Capt. Kasey Szegeski went fishing with his cousin, Mike Lepre. "We caught some big amberjacks. We used blue runners for bait and were fishing about 18 miles offshore," said Szegeski, whose fish weighed about 80 pounds. Lepre's fish weighed about 60 pounds. Both fish were caught on Shimano Talica 16, 80-pound leader and 7/0 hooks.

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**CROW Case Of The Week:** 

# Red-Shouldered Hawk Egg



by Patricia Molloy

wo weeks ago, CROW received a call from a local elementary school about a hawk that was down and in obvious distress. A volunteer was immediately dispatched to the school to rescue

the bird, which turned out to be an adult female red-shouldered hawk.

'She was in shock on arrival due to her inability to pass a large egg," said Dr. Heather Barron, hospital director. "I was able to get the egg out, but she passed away right after that." Hoping that the egg was viable - the staff at the elementary had confirmed that the female hawk had a mate - it was placed in an incubator in the clinic's nursery with a hygrometer (thermometer) monitoring its temperature and humidity.

While CROW has a lot of success incubating turtle eggs until they hatch, avian eggs are an entirely different matter.

"We've been turning it," explained Melissa Fox, CVT, veterinary assistant. 'You have to turn it six times a day, a quarter turn each time. What Dr. Barron



Dr. Heather Barron was able to extract the egg from a red-shouldered hawk before it passed away. The egg was immediately placed in a makeshift nest inside an incubator with a hygrometer monitoring its temperature

**Lunch & Dinner** 

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said is that it's kind of like the baby is in a little hammock, so the hammock is twisted one way and it needs to be twisted back the other way. So when we are turning it a quarter turn six times a day, we're turning it right, right, right then left, left, because then it's putting the baby back in the right position. She said, 'Otherwise, it will fall out of the hammock if we just kept turning it in one direction. So it's really interesting.'

"But it's not the same with reptiles," Fox, continued. "Those eggs – I mean, they abandon them after they lay them – so they don't have to be turned. We can just have them in an incubator in some vermiculite and the right humidity and they are successful. It's weird to think that (birds) are that smart that they know to turn it a certain way and then turn it back. It's not like their mom teaches them that. It's just instinct."

After several days of dedicated care, the staff had to face a sad truth: a fuzzy

little chick was not forthcoming.
"The egg was not fertile," Dr. Heather explained. "(The hawk) was probably already having some reproductive problems from laying the previous eggs."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.☆

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# American Legion Post 123

n Sunday, March 6, American Legion Post 123 will host a pot roast picnic from 1 to 8 p.m. Live music will be provided on the outdoor deck from 3 to 6 p.m. Also, a cornhole

tournament will begin at 2 p.m. On Wednesday, March 9, the American Legion's general meeting will be held at 6 p.m.

The following Sunday, March 13, Post 123 will serve BBQ ribs and chicken all day long.

On Mondays, the 8-Ball Pool League plays at 5 p.m.

Every Tuesday, tacos are served all day and on Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

If you have an American flag that needs to be retired, drop it off at your convenience.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-



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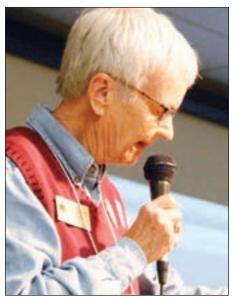
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# 'Ding' Darling Campaign: Purchase Wulfert Road Parcel

t the "Ding" Darling Wildlife Society-Friends of the Refuge's (DDWS) annual fundraiser, Go Wild for "Ding" on February 23, board president Doris Hardy announced a campaign to acquire 8.51 acres on Sanibel Island's Wulfert Road as a crucial wildlife corridor for the J.N. "Ding" Darling National Wildlife Refuge.

DDWS must raise \$2 million in private funds to purchase the parcel, which lies between the refuge's Bowen Bayou tract and its main campus along Sanibel-Captiva Road, she said. Donors have already committed \$500,000 of needed funds, so the goal is to raise the remaining \$1.5 million by February 2017.

If not preserved by the refuge, the land could be developed with as many as five dwellings and one major boat dock with direct access into Pine Island Sound, as already approved by the City of Sanibel. Construction of new homes and the increase in boat traffic would have significant impact on the habitat of 80 different land and marine species that live or feed on or near this property.



At the Go Wild event, DDWS president Doris Hardy invited guests to "walk with me," an offer to tour interested donors and friends around the Wulfert tract.

Species that would be seriously threatened by development of the uplands, mangrove and estuarine habitat include the gopher tortoise, American oystercatcher, black skimmer, little blue heron, reddish egret, mangrove cuckoo, Florida manatee, smalltooth sawfish and green and loggerhead sea turtles.

In 2013, DDWS successfully completed a \$1.4 million land acquisition campaign



The tract under acquisition is outlined on this map at the lower left

for the historical Woodring Homestead, which protected the water entrance to the refuge on Tarpon Bay. In late 2015, it accepted a land donation of 9.1 acres near Clam Bayou. Refuge administration has earmarked the Wulfert Road parcel as a top habitat

"The board feels it's important to help the refuge preserve as much of the dwindling island habitat as it can, since federal budget cuts preclude the refuge from government acquisitions in this area," said Hardy. "We will be extremely grateful to donors who will help us meet these goals."

'Based on recent sales of waterfront property in the neighborhood, we have determined that \$2 million is a very fair market price for the Wulfert Road parcel," said DDWS board member and island real estate agent Jim Hall.

"With a time-sensitive fundraising deadline of February 2017 to purchase the Wulfert Road property, we will need major gift commitments to this campaign in order to be successful," said immediate past president John McCabe. "We look to our supportive community to help us save another environmentally crucial piece of Sanibel Island - one of the last remaining undeveloped parcels."

For more information, contact DDWS Executive Director Birgie Miller at 292-0566 or director@dingdarlingsociety.org.☆



All proceeds support Sanibel Sea School - exploring the shorelines of Southwest Florida with school groups, families, adults, kids, homeschoolers, non-profits. Sanibel Sea School provides scholarships to anyone in need.

sanibel sea school

Sanibel Sea School is a 501(c)3 nonprofit foundation whose mission is to improve the ocean's future, one person at a time.

Visit www.octifest.org or call (239) 472-8585 to purchase tickets.

## **ABC Dinner And Auction Thursday**

submitted by David Rohn

lthough virtually nobody on Captiva has a basement, attic or what most people up north consider a closet, the Captiva Civic Association's (CĈA) annual ABC Dinner and Auction remains the island's premier social event and the organization's major fundraiser.

The auction dates back to 1966, when the CCA urged members to scour their attics, basements and closets to come up with items that could be sold at a tag sale or flea market to raise funds for the CCA and its foundation.

This year's ABC gala will be held on Thursday, March 3 starting at 5:30 p.m. with cocktails and a reception at the Captiva Civic Center, located at 11550 Chapin Drive.

Last year, the organization - which is celebrating its 80th anniversary – raised \$168,200 at the auction.

The bulk of that money

was raised by a new event called a Whole Lot Of Love, where members reached into their pockets to donate to the organization. That event will be repeated again



This signed Robert Rauschenberg photo silkscreen, titled Shadow Play, was donated for the auction by the Robert Fontaine Gallery of Miami

But "auctioneer extraordinaire" Tommy Williams – who also generated nearly \$49,000 last year by auctioning off items and events donated by CCA members – has a list of some old favorites and new items for this year's bidding. They include:

• Two original signed Robert Rauschenberg works of art donated by the Robert Fontaine Gallery of Miami.

• Several boat cruises and fishing trips.

• A guided Jeep safari through the Sanibel nature preserves with the Sanibel-Captiva Conservation Foundation.

• A "culinary escapade" for eight.

• An annual family membership in the South Seas Island Resort, which includes golf privileges and access to the main resort pools.

• A bird watching adventure and lunch for four at The Sanctuary Golf Club.

• Vintage Bordeaux wine and Luke Century wine glasses.

Lamp tables decorated by local artists.

And, of course, a ride aboard the Captiva fire engine for up to "four kids of all ages" will be auctioned off again this year.

Following the opening reception, dinner will be catered by Leslie Adams, featuring either yellow-tail snapper with lemon beurre blanc or beef tenderloin with shallot red wine. After dinner, there will be music and dancing. For more information, call 472-2111.☼

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## Celebrating **ArtPoems**

by Di Saggau

he 10th annual ArtPoems took place on February 27 at Schein Performance Hall at BIG ARTS. Once again, a group of artists and poets got together to exchange works. The artists created pieces inspired by a poem, and the poets write poems inspired by a work of art. The result was a unique

interchange of artistry through visuals and words. Twenty-two new pieces of work were created and were presented to the audience during the program.



Beth Everhart and JD Daniels



Roy Rodriguez and Lorraine Walker Williams



Honey Kosta and Joe Pacheco

People also had a chance to mingle with the artists and poets during a reception prior to the performance. Some of the artists and poets are pictured above with

On Wednesday, March 16, ArtPoems will be held at the Alliance for the Arts in Fort Myers beginning at 7:30 p.m. On Wednesday, April 6, it moves to the Cape

Coral Library starting at 6 p.m.芬





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# Programs Coming To Sanibel Library

he Sanibel Public Library will be hosting a variety of programs in the coming weeks, with no registration required to attend.

March 4 at 2 p.m. is another First Fridays: Stories For Grownups with host Sid Simon and special guest musician/storyteller John Porcino.

Damaris Peters-Pike returns to the Sanibel Public Library as Mary Ellin Barrett, Irving Berlin's oldest daughter. She tells the story of Berlin's life which included scores of Broadway shows, movies and more than a thousand songs including White Christmas, God Bless America and Blue Skies. Irving Berlin: A Daughter Remembers will be presented at 2 p.m. on Damaris Peters-Pike



Monday, March 7. Mary K. Tod will be discussing and signing copies of her historical fiction novels at 2 p.m. on Tuesday, March 8. Tod's Unravelled is a compelling novel of love, duty and sacrifice set amongst the turmoil of two world wars. Her Lies Told In Silence is a multi-generational story, a chronicle of a French family during the chaos of World War I.

The Community Association will present a historic evening with an open house from 4 to 6 p.m. on Thursday, March 10 at the Sanibel Public Library. A screening of The Community House: Birthplace of a City, Heartbeat of its People film starts at 5 p.m. in the library's Meeting Room 4. Local filmmaker Rusty Farst brings the history of Sanibel to life with rarely seen footage of early life on Sanibel and first person commentaries by members of the Woodring, Eskew, Gault, Dormer, Goss, Jordan, Gleason, Kirkland, Flynt and Pickens families.



Mary K. Tod's **Unravelled** 

David Ford presents a World War II program about The Battle of the Bulge on Friday, March 11 at 10 a.m.

At 2 p.m. on Monday, March 14, Sanibel Police Department presents Response To An Active Shooter, a program about violence in the workplace. You will take away valuable information on what to do if you encounter an active shooter in a public



The Community House in the 1920s

The library hosts a book signing and lecture of Noah's Wife with Lindsay Starck at 2 p.m. on March 15. "Noah's Wife by Lindsay Starck is a riveting fable based loosely on the biblical story of Noah's Ark. Only this time, it is Noah's wife herself who embraces the ideas of faith and community, and her strength and compassion give this story a powerful, modern twist," said Melanie Benjamin, New York Times bestselling author of The Aviator's Wife.

Library programming is supported by a grant from Sanibel Public Library Foundation. The public is invited to these library programs. There is no registration required and no additional cost to participate. A complete list of programs are listed on the library's website. Residents as well as non-residents are invited.

The Sanibel Public Library is located at 770 Dunlop Road on Sanibel. For more information, call 472-2483 or visit www.sanlib.org.

# SANIBEL O Gusic FESTIVAL Save March For Music 3 2016

Concerts are held at the Sanibel Congregational U.C.C. 2050 Periwinkle Way at 8:00 p.m.



#### **Jasper String Quartet** Saturday, March 5 • \$45

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#### David Finckel, Cello & Wu Han, Piano Tuesday, March 8 • \$45

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#### Vadym Kholodenko, Piano Saturday, March 12 • \$45

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#### **An Evening of Cole Porter** Tuesday, March 15 • \$45

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Tickets available on-line at

# www.sanibelmusicfestival.org

or by phone at **239-344-7025** 

Tickets may also be purchased at Bank of the Islands, 1699 Periwinkle Way or Sanibel Captiva Community Bank, 2475 Library Way. Cash or check only.

#### An Island Tradition

Sanibel Music Festival is grateful for the support of Lee County and Southwest Florida Community Foundation.



# Snook Season Opens With Low Expectations



by Capt. Matt Mitchell

arch 1 marks the opening of the Gulf of Mexico snook season. Most years this short two-month season is an exciting time for anglers offering them a chance to

harvest one of these premier gamefish. This year is going to start off a little differently as the snook bite continues to be hampered by the cold weather. The low water temperatures cause snook to not actively feed.

Snook are a very temperature sensitive tropical fish and can die in huge numbers during unusually prolonged cold periods during a south Florida winter. We experienced one such cold water snook



Wade Robert, Mary Laser and Gary Biltgen of Sanibel on another cold winter day sheepshead fishing with Capt. Matt Mitchell

kill in 2010 causing the Florida Wildlife Commission to take emergency action and close the harvest of snook for three years until 2013. Luckily this winter, even

though it's been colder than normal, we have not had long periods of extreme cold water. Water temperatures have fluctuated between high 50s and high 60s, never staying in that dangerous mid to low 50s range for more than just a day or two that could cause another snook kill.

A really warm December brought above average temperatures and some simply awesome catch-and-release snook fishing. Then winter hit us like a ton of bricks, giving us an extremely cold January and February.

Catching snook of any size with regularity – let alone catching one that falls in the 28-33 inch slot size requirement to be harvested – the past two months has

been tough going. Since the cold arrived and stayed around snook have basically gone into hibernation and the shiners which are their preferred bait have moved out to warmer water.

So with the odds seeming stacked against you, what's a good plan to catch that first legal snook of season? Target these fish during the warmest part of the day during the mid to late afternoon and snook will be the most active. Fish the sun-warmed side of shallow sheltered creeks and larger bays that have dark colored bottom working like a natural solar panel. Find that sun-cooked shoreline that's a few important degrees warmer and wintertime snook will be laid up there.

If you can find some shiners on the deeper bridge pilings, that's a plus but I would not waste my time and instead would go right to using soft plastic jigs. Slowly troll-motor these shorelines to cover as much ground as possible while picking it apart with a slow bounced jig and looking for that reaction strike. It's going to be a tough few opening days for snook anglers but without another major cold front in the 10-day forecast, it will

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aoĺ.com.☆

#### Send Us Your Fish Tales

he Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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## Florida Spiny Jewelbox



by José H. Leal. PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

he Florida spiny jewelbox, Arcinella cornuta Conrad, 1866, is a relatively com-

mon species in our area, and loose valves may be found after storms on the beaches of Sanibel and Captiva. As it happens with many bivalve species, whole shells, or paired valves, however, are more difficult to find. Spiny jewelboxes show delicate and variable color patterns, and the species name derives from the hollow spines present on the shell. The complete shells shown in the photos were collected by Smoky Payson (left, found in 2016) and Jim Scatterday (right, found in 2007), on the east end of Sanibel. The shell on the right had been bored by a chimney clam, whose dwelling can be seen on the bottom part of the shell.

#### **Shell Museum Events**

Daily Island Inn Morning Beach Walks



Shells of the spiny jewelbox, Arcinella cornuta

(Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests please book through the Inn).

Mollusk movies and scavenger hunts continuously throughout each day.

Tank Talks continuously throughout each day: Gain great insights into the fascinating world of local mollusks.

Monday at 1:30 p.m.: Carolyn's Collection - A fun and engaging look at quality shells of a private collector. (Please check shellmuseum.org to note any schedule changes.)

Tuesday at 1:30 p.m.: Shell Bingo Wednesday at 1:30: Mollusk Matinées - A series of nature-related lectures presented by local experts. (Please check shellmuseum.org for weekly topics.)

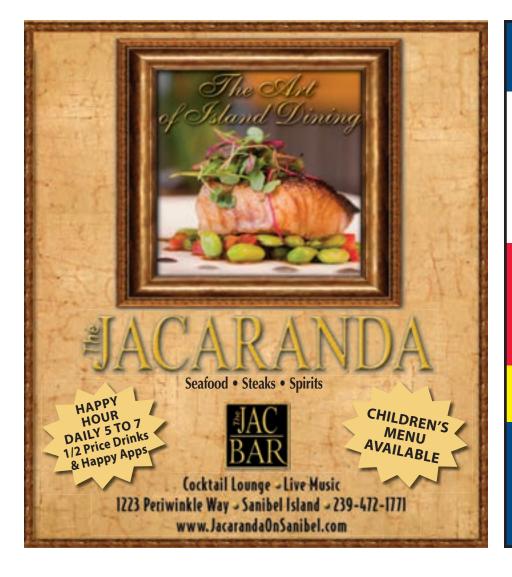
Thursday at 1:30 p.m.: Cool Shells

- See some great shell treasures not on

Friday at 1:30 p.m.: Arts & Crafts - Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell Bingo The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit 







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## Pine Fern

by Gerri Reaves

Plorida is the only one of the 48 states in which pine fern (Anemia adiantifolia) grows and one of only four ferns native to pine rocklands. It is found growing on limestone, in hardwood hammocks, and even on the walls of sinkholes.

It grows in only a handful of counties, mostly south of Lake Okeechobee, and is thought to be extirpated in at least one.

This member of the flowering-fern

This member of the flowering-tern family is also known as maidenhair anemia and maidenhair pineland fern.

"Flowering fern" is a misleading term, though, for ferns don't produce flowers in the usual sense. However, some species in the family have showy fertile fronds, thus the name. But the state's two native species of the family do not have particularly showy fronds.

Although the word fern might connote a finicky delicate plant, this species is rather adaptable in terms of moisture, sun and location.

It prefers alkaline soil and has evolved to thrive in the fire cycles of pinelands.

If your yard offers the perfect spot for this lovely plant, use it in a natural garden or fern glen. It is rarely available commercially, but is propagated by native-plant enthusiasts.

Propagating pine fern – with spores or rhizome cuttings – can be difficult.

The fern's hairy horizontal rhizomes creep only a few centimeters under the

SPONSORED



Native pine fern's natural habitat is pine rocklands, hardwood hammocks, sink holes, and other rocky areas

photo by Gerri Reaves

soil. The fronds are generally triangular in shape and dimorphic, meaning that they have both sterile and fertile portions.

Sori, or spore-producing structures, appear on the undersides of the fertile section of the fronds.

The leaves that grow in two vertical rows on opposite sides of the erect fronds are subdivided with a slightly frilly look.

The yellowish or greenish stalks are also hairy.

It typically reaches one-half to a foot high.

BY THE JACARANDA

Sources: The Ferns of Florida by Gil

Nelson, levypreserve.org and regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.☆

# CROW To Host Southern Comfort On Sanibel

The Clinic for the Rehabilitation of Wildlife (CROW) will host Southern Comfort On Sanibel on Saturday, April 2 from 6 to 9 p.m. at The Community House, located at 2173 Periwinkle Way.

The event will feature a buffet of mouth-watering southern food provided by The Pecking Order and a complimentary Southern Comfort drink. DJ David Flory from Island Ballroom will supply the evenings music and dance lessons.

The evening highlights will include games, prizes, silent auction, raffle and more. All proceeds will benefit the Clinic for the Rehabilitation of Wildlife.

To purchase tickets and for sponsorship opportunities, visit www.CrowClinic. org or call  $472-3644.\mbox{\em \%}$ 

From page 9

# Operation Valentine

on Valentine's Days cards, cut-out hearts, or whatever they like. ValMark's network of nearly 800 funeral home providers

in 47 states sponsor the project in their communities through ValMark's Veterans & Family Memorial Care brand and make sure that the cards are delivered to our brave men and women serving overseas.

The project is simple and meaningful, according to Valerie Davis, co-owner of ValMark Memorial Group. "Our troops are away from their loved ones and friends so they really want to know that people back home appreciate them. Care packages are one thing, but this is a real morale boost."

This year's Operation Valentine project yielded nearly 300,000 cards, which were sent to our heroes all over the world. Here's just one of the many success stories: "Operation Valentine was a tremendous success! We received approximately 350 Valentines for the troops from one of our Rochester City Schools who participated. They presented us with the Valentines at their morning pep rally. The students were excited to help and bring smiles to the faces of our troops overseas. Thank you for creating Operation Valentine. It is our pleasure to be a member of your organization." Paul Perotto, Bartolomeo & Perotto Funeral Home, Rochester, NY.

ValMark Memorial Group and its funeral home provider network sponsor and support several initiatives throughout the year that directly benefit our veterans and active duty military. These include Sweaters for Veterans, Christmas Stockings for Soldiers, Cell Phones for Soldiers and Wreaths Across America. If you'd like to find a sponsor location, visit www.VeteransHonored.com.





You changed the world!

# Water And Land Conservation: Women Voters Listen To Speaker

submitted by Mary La Velle

Tere you one of the 75 percent of Florida voters who passed Amendment 1 in 2014? Did vou expect legislators to return to bipartisan support for designated funds to buy sensitive environmental land for the people of Florida?

Think again.

On Thursday, February 18, Aliki Moncrief, executive director of Florida Conservation Voters (FCV), spoke with the Sanibel League of Women Voters on past and present environmental spending in Florida and on FCV's continuing effort to see that the people's will be done. FCV is the organization that was formed out of the Florida Water and Land Legacy that shepherded Amendment 1 to its overwhelming win.

Moncrief, a Harvard Law graduate, is a Miami native who was a child in 1963 when a long succession of Florida governors

Aliki Moncrief

and legislatures from both parties began to preserve Florida's natural heritage while also allowing development, the engine of Florida's economy. The mechanism they chose was to dedicate one-third of funds collected from real estate transfer taxes to purchase land and water resources the more development, the more funds available. Brilliant.

This ongoing ethic was not seen as liberal or conservative, not as a luxury but a practical way to protect Florida's quality of life. Over those years, over 2.4 million acres were preserved for the people, lands that 1) safeguard our supply of clean drinking water; 2) keep floodplains open so homes are safe elsewhere; 3) promote recreation of all sorts; 4) ensure migration corridors for iconic species; and 5) and preserve unique and fragile places that nurture human spirits as well as Florida's unique wildness.

Of the 35 million acres of open land left in Florida, 28 percent is publicly protected,

while 72 percent is in private hands. Sanibel remembers that our Bob Janes won protection for the Babcock Ranch a significant step for Southwest Florida.

But in 2009, this bipartisan consensus broke down. Zero funds were directed toward preservation. Zero. This spurred efforts -through Amendment 1- to mandate spending of real estate transfer funds at previous levels.

Most Amendment 1 voters expected spending to grow and be directed to significant land purchases. Instead, budgets directed those funds to things like salaries

and equipment, previously paid for with general funds. If fact, in 2014-15, spending on all environment-related items went

Florida Conservation Voters, a privately funded umbrella organization with many member groups, is now taking a long view. Some organizations are suing to enforce the constitutional mandate; FCV's efforts are directed to education. Their goal: to reestablish Florida's bipartisan agreement on a healthy balance of growth and preservation.

Major obstacles lie ahead:

- 1) Śafe districts. The Fair Districts amendment has not yet achieved a balance in the legislature that reflects the balance of voters in the state. Those legislators need not listen to all voices.
- 2) Term limits. New legislators may not have developed a deep understanding of issues and rely on lobbyists for information. There are 25 lobbyists for every legislator in Tallahassee, and most of them do not work for everyday people.

3) Money. 68 pecent of campaign contributions are made by 1 percent of donors-

who usually have an agenda.

But there is a ray of hope. Bills pending in the legislature (HB989, sponsored by Rep. Harrell, and SB1168, sponsored by Sen. Negron) would direct significant Amendment 1 funding for 20 years to Everglades restoration and protection for springs. Part of Everglades restoration is directing water south, so one day there may be fewer toxic releases from Lake O to the Caloosahatchee.

A caveat in discussion following Moncrief's presentation is that much concern was expressed over the lack of responsibility for agriculture -including Big Sugar- to clean up water from its lands before it reaches estuaries, the Gulf, or the Everglades. Even

continued on page 33





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#### Savory Tomato-Basil Chicken

- 1 whole chicken, cut into 4 pieces
- 3 large ripe tomatoes
- 1 large onion
- 3 cloves fresh garlic
- 1/2 cup fresh basil
- 1 tablespoon salt

Kosher salt, to taste

Fresh ground pepper, to taste

Put everything except chicken into a food processor and pulse until fairly smooth. Place chicken pieces flat in a baking dish and spread liberally with mixture. Bake covered until chicken is mostly done through to the bone and then just uncover at the end for 10-15 minutes to get a little brown.

Yields 4 servings.

# HORTOONS



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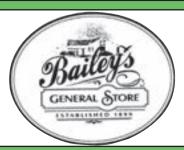
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From page 31

## Women Voters Listen To Speaker

the currently approved C43 reservoir will impound excess Lake O water but have zero effect on its heavy pollutant load.

Ballot Title: Water and Land Conservation - Dedicates funds to acquire and restore Florida conservation and recreation lands

Ballot Summary: Funds the Land Acquisition Trust Fund to acquire, restore, improve, and manage conservation lands including wetlands and forests; fish and wildlife habitat; lands protecting water resources and drinking water sources, including the Everglades, and the water quality of rivers, lakes, and streams; beaches and shores; outdoor recreational lands; working farms and ranches; and historic or geologic sites, by dedicating 33 percent of net revenues from the existing excise tax on documents 

# Artist's Talk At Captiva Library

aptiva Memorial Library is hosting an art talk and book signing by Sanibel artist Myra Roberts. The free program is open to the public on Wednesday, March 9 from 4 to 5 p.m. in the Captiva Civic Association Community Hall. Roberts's retro postcard pop paintings capture the whimsy of "olde Florida" tourism and vintage imagery of the islands. Her oil paintings have sold internationally as well as locally.

Retro Art of Myra Roberts by Brian Johnson, a new book, will be available for purchase at the program. Roberts will personally inscribe each copy sold.

She was recently chosen as one of five 2016 Makers: Women Who Make Southwest Florida by WGCU Public Media, in partnership with the Southwest Florida Community Foundation and the Women's Fund of Southwest Florida.

She is also a talented cook and last month won the Judges Choice Award at the Cooking with the Islands' Stars fundraiser at The Community House. As a result of her win, she will be featured in the fall 2016 issue of Real Food Real Kitchens magazine.

Roberts' paintings are in public and private collections across the United States and Europe, including the Captiva estate of the late Robert Rauschenberg.

Support for the library's Afternoon Sojourns is provided by the Lee County Library System, the Captiva Memorial Library board and the Captiva Civic Association. Seating is subject to room capacity and there is no reserved seating. Doors open at 3:45 p.m.☆





Look forward to an authentic Japanese experience as your meal is artfully prepared right before your eyes at the hibachi grill!

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The acclaimed Franklin & Marshall College Chamber Singers will perform on March 14 in the Sanibel Congregational Church of Christ.

# Franklin & Marshall College Singers To Perform At Sanibel Congregational

n Monday, March 14 at 7:30 pm. the Franklin & Marshall College Chamber Singers will showcase the talent of the college's 18 best singers in a concert at the Sanibel Congregational United Church of Christ. There is no admission charge; there will be a free-will offering.

The acclaimed choral group is currently on tour with a repertoire representing a blend of madrigals, motets, spirituals, and contemporary music. They're featuring music by Morley, Palestrina, Dowland, Saint-Saëns, Schuman, Ticheli, Lajos, Dawson

The group performs frequently both on and off campus and sings annually with the Lancaster Symphony Orchestra. Under the direction of Dr. William Wright, the Chamber Singers have embarked on 11 east coast tours and have collaborated with the larger Franklin & Marshall Chorus on more than 25 major choral-orchestral works. Franklin & Marshall is a liberal arts college of 2,400 students, located in Lancaster, Pennsylvania.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, Call 472-0497 for more information.☆

# Sanibel Tanger Outlets Arts & Crafts Festival

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March 9 & 10 Wednesday - 10a.m. to 5p.m. Thursday - 10a.m. to 4p.m.

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For more information, call 352-344-0657 or goto www.tnteventsinc.com



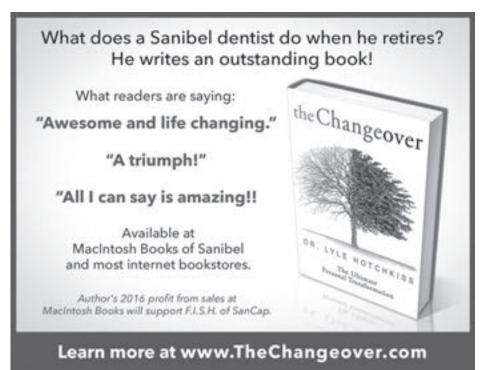
Bank of the Islands is raffling off this quilt to benefit PAWS

#### Quilt Raffle Will Benefit PAWS

hand-made quilt, titled Cats at Play While the Mice are Away is being raffled to benefit PAWS (Protection of Animal Welfae Society of Sanibel. It can also be Lused as a wall hanging.

Tickets are available at Bank of the Islands' Sanibel and Captiva offices for \$20 each and three for \$50. The drawing takes place on Thursday, March 31 and you need not be present to win. Shipping is included if the winner is off-island

The quilt is on display at the bank's Sanibel office at 1699 Periwinkle Way. "PAWS does such a great job off caring for stray and abandoned pets on Sanibel and Captiva," said bank assistant vice president, Willy Ocasio. The proceeds will be 



#### **BIG ARTS Monday Night Film Series** Mr. Holmes

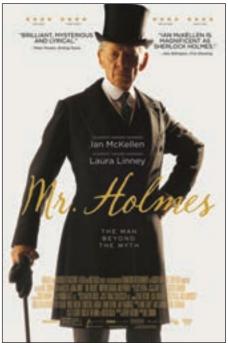




by Di Saggau

he BIG ARTS Monday Night Movie for March 7 is Mr. Holmes, with Ian McKellen playing

the famous sleuth as a lion not going gentle into winter. What he does with Arthur Conan Doyle's fictional detective in this film is nothing short of magnificent. He portrays Holmes at age 93, spending his waning twilight years at a picturesque cottage by the sea in the southern part of post-World War II England. He's coping with a failing memory and has taken up beekeeping as an avocation, partly to gather royal jelly that supposedly wards off forgetful-



ness. McKellen's performance has a rich musicality, throwing out a host of

baritone notes and making them harmonize. He can be sour and contemptuous, rheumy and self-pitying, a bit of a fraud.

Holmes relies on a widowed cook (Laura Linney) and her 14-year-old son, Roger (Milo Parker), a young sleuth in training. The aging rummager teaches Roger about both bee farming and the art of detecting. He makes it clear that a bee does not bite, it stings. In various flashbacks, we see Holmes dealing with his last case and with a married woman who might have been his greatest love. We are taken back to 1917, when the husband of a woman named Ann Kelmot (Hattie Morahan) hired Holmes to check up on his wife's strange behavior.

The case itself proves less an involving puzzle for the audience than a lesson for Holmes in humility, a state that he has rarely if ever exhibited. When we first see him, the former private eye is freshly back from a Japan that is still reeling from the effects of the atom bomb. He has just secured a batch of a mysterious restorative herb known as prickly ash. There is something sad about witnessing this genius in decline, his blue eyes going

opaque to indicate senior moments and his fading voice expressing deep regret over the past. With his gluey and astonishingly resonant voice he sounds very much as though he's been gargling honey for the bulk of a century.

McKellen is consistently enjoyable and gets a chance to share a nice moment of interplay when a still-daper Holmes and Kelmot eventually meet on a park bench. This is a film to rummage around in picking up old clues, considering their meaning, and turning them in your palm. *Mr. Holmes* runs 105 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons: June Rosner and Russ Bilgore. Film Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Film Supporters: Sanibel Taxi, Jerry's Foods of Sanibel.

BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.☼

#### Read us online at IslandSunNews.com





#### Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@ centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

The next Writer's Read will be held at BIG ARTS on Thursday, March 10 at 7:30 p.m.

#### **Stillness**

by Tanya Hochschild

I try to get away from devices that save me time. It's a crime how iPod, iPad and Tweet

eat into your day. Let's say, as Garbo

I want to be alone,

no phone, no Facebook to see Aunt Maggie's soufflé rise,

no surprise when cousin Dorothy shows Botox eyes.

By having a Mac, I seem to have lost track, thought Kardashian was a town in Iraq.

For weeks, she was on nightly news. Are we that plugged in to drugs, sex and booze?!

In one generation, we've moved from devices we dug to a fervent wish we could just unplug.

Some turn to Tai Chi and Hatha yoga, others travel to Nepal, don a saffron toga.

When a clerk at a hotel says "We have no Wi-Fi," smile and tell him he's vour kinda guv.

Book me in, charge a high price not to be online, that's just fine!

I don't want a video that streams, show me one, you'll hear loud pitched screams.

Scrolling headlines put me off like so much litter, please don't even mention

Telegraphs were once a great idea, trains once brought your loved ones

But now things come at us much too fast. I feel empty, yet too full - how can this last?

I enjoy words that are spoken, unlike "breaking news," which feels broken.

I remember a time, seems out of reach, when we took walks down the road to the beach.

We didn't have screens that vibrated or blinked, to interrupt us when we were trying to think.

We can't turn back the digital clock, so this might come as a bit of a shock,

let us occasionally turn off the noise, and reconnect to simpler joys.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.\$

#### **Critically Acclaimed Documentary Series** Liv & Ingmar

by Di Saggau

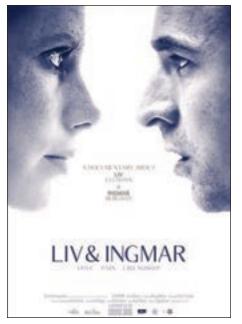
n Wednesday, March 9 at 12:30 p.m. the Island Cinema will show the second in this year's BIG ARTS Critically Acclaimed Documentary Series. Liv & İngmar documents a relationship's highs and lows between the great Swedish filmmaker Ingmar Bergman and his most famous muse, Liv Ullmann. She knew him for more than 40 years and appeared in 12 of his films. Bergman called Ullmann his Stradivarius. She calls it "the best com-

pliment I ever got."

When Ms. Ullmann and Bergman met and fell in love, she was 25, and he was 46, and each was married to another. They eventually had a daughter, but they never married. The film is divided into chapters: love, loneliness, rage, longing and friendship. Intimacy as intense and ravenous as theirs has an inevitable component of pain. Over time, their passion turned into the kind of deep, solid friendship shared by two people who have fought a war together and survived.

Bergman died in 2007, but Ms. Ullmann - still radiant in her mid-70s soldiers on. She narrates parts of this film, which is drawn from her 1976 autobiography, Changing. It also includes scattered excerpts from Bergman's letters read by Samuel Froler. The film runs 89 minutes.

Tickets are \$5 for members of BIG ARTS and \$6 for non-members. Tickets are available at BIG ARTS and the day



of the film at the cinema, located in Bailey's Shopping Center. Following the film, a discussion will take place at Island Cinema. Upcoming documentaries in the series are Magician: The Astonishing Life and Work of Orson Welles on March 16, and Finding Vivian Maier on March 23.☼

Our email address is press@islandsunnews.com













Businessman and philanthropist Frank Morsani, left, discusses his new book with Sanibel Captiva Trust Company founder and chairman Al Hanser, who hosted the event

# Philanthropist Morsani Discusses New Book At Sanibel Captiva Trust

Tn his new book, To Be Frank: the American Dream in Business and Life. businessman and philanthropist Frank Morsani tells the story of a most unlikely journey

It took him from a Dust Bowl-era home in Arkansas to status as one of the top auto dealership owners in the country, as well as chairman of the board of the United States Chamber of Commerce, working hand-in-hand with three U.S. Presidents as a champion of small businesses.

Morsani, also a Navy veteran, shared his thoughts in a town hall-style program on February 23 at The Sanctuary Golf Club. The Sanibel Captiva Trust Company founder and chairman Al Hanser served as host, posing 10 questions to his longtime friend whose life experience in business and the community has affected change from the national to local levels.

"He never gave up on the American dream and is an inspiration to us all," said Hanser.

# Lakes Library Hosts Jeri Magg

eri Magg, author and historian, will speak at the March 11 meeting of the Friends of Lakes Regional Library at 1 p.m.

Magg, who wrote Historic Sanibel and Captiva Islands - Tales of Paradise in 2011 is working on a book about the women who are part of the history of the islands from the Calusa to the present.

All are welcome to attend the talk and the book signing to follow. Lakes Regional Library is located at 15290 Bass Road. 🌣



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Morsani wrote his book to demonstrate to young people "they can be all they want to be" by hard work and determination. His goal in To Be Frank is to inform, educate and inspire. He underscores that education is a continuum: To paraphrase Winston Churchill, "Never, never, never, ever give up." Any "student of life" will enjoy the anecdotes and pearls of wisdom in this book.

"It was not an easy decision to write the book," said Morsani, "and education is a continuum evolved into a major part of its message.

At 84, Morsani is still hard at work and proclaims, "The American Dream is alive and well." For the past three decades, he has served as keynote speaker on college campuses and for national and

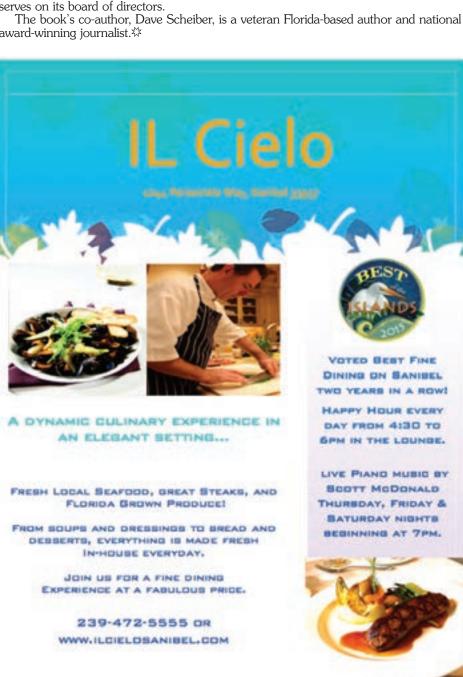
assists guests with book purchases. A percentage of the proceeds will be donated to The Charitable Foundation of the Islands.

Lori Mobley of The Sanibel Captiva Trust Company

international trade associations, having spoken throughout the United States, Europe and Asia. "It has been fun to speak on college campuses," he added.

He and Carol, his wife of 65 years, have been long-time Florida residents in both Tampa and Sanibel-Captiva. The Sanibel Captiva Trust Company is proud to say he serves on its board of directors.

award-winning journalist. \\ な



nleash your creativity, expand your horizons and meet terrific people. Workshops and seminars include:

**DANCE** 

**Beginners Tap:** Fridays, 10:45 to 11:45 a.m., March 4 to 25 (No class March 18).

**DISCUSSION** 

**BIG ARTS Film Academy** – Great Themes Film Discussion Group: Fridays, 2 to 4 p.m., March 4 to 25. **DRAWING** 

Life Drawing (Non-Instructed Open Studio): Fridays, 9:30 a.m. to 12 p.m.,

March 4 to 25.

Life Drawing (Non-Instructed Open Studio): Fridays, 12:15 to 2:45 p.m., March 4 to 25

Constructing the Human Figure in Simple Forms: Mondays, 1 to 3:30 p.m., March 7 to 28.

Instructed Life Drawing: Mondays, 9:30 a.m. to 12 p.m., March 7 to 28.

Zentangle, A Beginners

**Workshop**: Tuesdays, 9 to 11:30 a.m., March 8 to 22.

**FINE CRAFTS** 

**Stained Glass**: 2 Days, Thursday and Friday, 9 a.m. to 2 p.m., March 17 and 18.

LIFESTYLE

Using Self-Hypnosis for Sleep: Mondays, 9:30 to  $\overline{11}$  a.m., March  $\overline{7}$  to  $\overline{21}$ .

Voice Lessons, Private: Saturdays,

1:30 p.m. to TBD, through April 16.

**PAINTING** 

Open Studio - Clothed Model: 1 Day Sessions, Tuesdays, 9 a.m. to 2:30 p.m., through March 29.

Acrylics for Beginners & Intermediate Painters: Fridays, 9:15 to 11:45 a.m., March 4 to 25.

Pastel Painting: Mondays, 9 a.m. to 12 p.m., March 7 to 14.

Color, Color, Color: Thursdays, 1:30 to 3 p.m., March 24 to April 21 (No class April 7).

**TECHNOLOGY** 

iMovie for iPhone & iPad: Lesson 1:1, Friday, 9 a.m. to 12 p.m., March 4.

iCreate Lesson 2: The Digital Darkroom, 1 Day, Thursday, 2 to 5 p.m., March 10.

Searching with Google: 1 Day, Tuesday, 9 a.m. to 12 p.m., March 8.

iPhone Lesson 2: Intermediate: 1 Day, Wednesday, 9 a.m. to 12 p.m.,

**iPad Lesson 2**: Intermediate: 1 Day, Thursday, 9 a.m. to 12 p.m., March 10.

**MacPower User Tips and Tricks**: 1 Day, Wednesday, 2 to 5 p.m., March

iTunes: Master Your Music: 1 Day, Tuesday, 2 to 5 p.m., March 8

iMovie for iPhone & iPad: Lesson 2: 1 Day, Friday, 9 a.m. to 12 p.m., March 11.

Essential Apps: 1 Day, Friday, 9 a.m. to 12 p.m., March 15.

iTunes - Manage Your Devices

& More: 1 Day, Tuesday, 2 to 5 p.m., March 15.

iPhone Lesson 3 - Email & the Web: 1 Day, Wednesday, 9 a.m. to 12 p.m., March 16

iCreate Lesson 3 - Drawing: 1 Day, Thursday, 2 to 5 p.m., March 17.

iPad Lesson 3 - Email & the **Web**: 1 Day, Thursday, 9 a.m. to 12 p.m., March 17.

The Photos App for Mac OS: 1 Day, Friday, 9 a.m. to 12 p.m., March

Social Media & Networking: 1 Day, Tuesday, 2 to 5 p.m., March 22. **Entertaining Apps**: 1 Day, Tuesday,

9 a.m. to 12 p.m., March 22. iPad Essentials: 1 Day, Friday, 2 to

5 p.m., March 25. iPhone Essentials: 1 Day, Friday, 9 a.m. to 12 p.m., March 25.
WRITING

**Creative Writing**: Fiction/Memoir: Mondays, 1 to 3 p.m., March 7 to 28.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. For complete course descriptions and the full season's workshops and seminars schedule, visit their website www.bigarts.org/workshops, or email 

From page 10

## Water Campaign

• Nutrient source identification and remediation

"My hope is to share these Best Management Practices and how they can have an impact on water quality," said Denham, who hopes to arrange a meeting with each city's mayor prior to next month's council session.

Additionally, council members discussed:

 Postponing the second reading and public hearing on an ordinance to establish architectural design standards for new and redeveloped multifamily and resort housing developments. The public hearing on Ordinance 16-001 will be held at 9:10 a.m. on Tuesday, April 5.

 Adopting an ordinance to safeguard city-owned lands and rights-of-way by prohibiting motorized vehicles on unpaved trails and walkways in city parks and within the environmentally-sensitive lands conservation district.

• Accepted a Lee County Community Development Block Grant totaling \$22,071 to rehabilitate Community Housing and Resources, Inc. affordable housing rental units at the Lake Palms/ Wooster Apartments. Work will consist of removing existing patio sliding glass doors and windows and replacing them with impact-rated doors and windows.☆







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From page 1

#### Water Releases

#### Statement Of The Problem

The coastal communities of Lee County are once again being devastated by freshwater discharges from Lake Okeechobee and the Caloosahatchee watershed. Damaging high-volume freshwater releases are impacting the ecology of local waters, the quality of life for its citizens, the strength of area businesses, and it continues to have a lasting effect on the local economy.

According to the mayors, these impacts are occurring as a direct result of inadequate water storage within the Kissimmee, Lake Okeechobee and Caloosahatchee watersheds and the inability to effectively move water south into Everglades National Park and Florida

Record rainfall throughout South Florida associated with strong El Niño conditions this winter have resulted in the level of Lake Okeechobee approaching 16.5 feet. To protect the communities that surround Lake Okeechobee, the U.S. Army Corps of Engineers is conducting high-volume regulatory releases from the lake to the coastal estuaries, with the Caloosahatchee on the west coast and the St. Lucie on the east.

For nearly a month, weekly average freshwater flows to the Caloosahatchee have been more than three times the high-flow harm threshold (9,000 cubic feet per second) and are producing lethal conditions for oysters and other economically important fish species within the estuary. The discharges are also generating a freshwater plume that extends throughout Pine Island Sound and into the Gulf of Mexico, blanketing Lee County's beaches and coastal communities with dark, nutrient-laden water that is devastating the local tourism-based

At the workshop, each of the mayors made a pledge to inform their respective council members to ensure that everyone on the same page.

"I think it's so important that all of our councils are aware of this and will be a part of this," said Sawicki. "I know my council is interested in clean water."

"That's what this is all about – coming together," added Ruane. "Our job is to ask the questions that need to be asked and try to come up with a solution that works for everybody. We want a common solution that doesn't pit one community against another because, at the end of

Two aging hippies in love with Art Deco Diamonds

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the day, we all hold a piece of the puzzle. We all want to find a long-term solution to this problem."

#### **Environmental Impacts**

James Evans, Sanibel's department of natural resources director, reported that as of Friday morning, Lake Ökeechobee stood at 16.36 feet. With the freshwater flows out of the lake, ordered by the U.S. Army Corps of Engineers, the lake level dropped approximately 1.4 feet over the last week. However, 77 percent of the water coming out of the lake is directed towards the Caloosahatchee.

Evans also noted that those freshwater releases will harm the upcoming spawning season for several marine species. However, this year's plume only extends about one mile offshore from Lighthouse Beach towards Fort Myers Beach. The freshwater plume which occurred in the summer of 2013 extended more than 12 miles out into the gulf.

"Our goal is to find every opportunity for land to store water," said Evans. "We need to be planning 10 years in advance for what happened this year.

The group also discussed the economic impacts of the freshwater releases. Lee County receives approximately five million visitors per year, generating approximately \$3 billion in economic impacts. Tourism employs one out of five people living in Lee County.

The Lee County mayors have requested the following federal assistance:

- Adopt a 2016 Water Resources Reform and Development Act (WRRDA) bill and authorize the funding of Central Everglades Planning Project (CEPP). This project will move approximately 210,000 acre-feet of water south of Lake Okeechobee and will address some of the damaging flows to the St. Lucie and Caloosahatchee estuaries by creating the infrastructure needed to move water
- Fully fund all improvements to the Herbert Hoover Dike to minimize risk of a catastrophic dike failure and impacts to the communities surrounding Lake Okeechobee and to help reduce the impacts of damaging freshwater releases

to the coastal estuaries.

- Continue to support the state's request for a 90-day emergency temporary deviation from federal and state water quality criteria and restrictions that limit discharges south into Everglades National Park during extreme wet conditions and events.
- Working with the (water management district), we request the Army Corps of Engineers accelerate implementation of the EAA (Everglades Agricultural Area) Reservoir and proceed with design, and obtain lands needed for implementation. This project would increase water storage within the system by approximately 360,000 acre-feet, providing 20 to 25 percent of the total storage needed south of Lake Okeechobee (1.3 million

"This is a very complicated issue... that's why it takes a village - we need the local, regional, state and federal," said Ruane.

Hamman agreed, stressing the importance of the Lee County mayors being united as "one voice."

"We all need to be on the same page with this," he added. "It is incumbent on all of us to try and educate the people that we serve.

The group also indicated that they will extend invitations to both the U.S. Army Corps of Engineers and the South Florida Water Management District to visit each of their communities to see the impact the freshwater releases are having.

The Dunes Golf Club

## A Day At The Beach Contest

n February 26,The Dunes held its annual Ladies Member/ Guest Tournament. The theme was A Day at the Beach and a total of 80 ladies participated. There were two flights, Sand Dollar Flight and Sea Star Flight.

First place winners in the Sand Dollar Flight were Gay Nichols, Denis Karlen, Betsy Cox and Ann Carter. Coming in second were Lesley Simmons, Nancy Swofford, Joie Steel and Mary Ann Parmelee.

In the Sea Star Flight, there was a tie for first place which ended up coming down to a scorecard playoff. Winners were Bridget Funk, Carolyn Wethington, Karen Hendricks and Maggie Michaels. Finishing in second place were Grethe Christensen, Becky Ciriello, Anne Kuhnle and Jana Stone.

The Dunes members who won closest to the hole were Gay Nichols (#6) and Sharon Hannon (#17) while Denis Karlen (#9) and Mo Wilmot (#11) were the winning guests. The closest to the line took



Jane Woodin, left, and Genevieve Moeckel were the winners of the Best **Dressed contest** 

place on #10 and winning for the members was Joan Kent while Jana Stone won for the guests.☆



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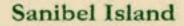
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#### TWO SANIBEL LOCATIONS

1157 Periwinkle Way • 472-6991 • 2422 Periwinkle Way • 472-8080 Open 7 Days 9:30am til' 9:00 pm • SheSellsSeaShellsSanibel.com



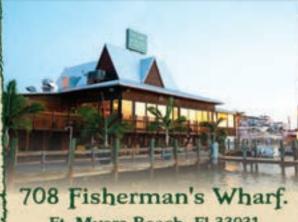


Book Signing Event!



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# Lee County's

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VOL. 23, NO. 37 SANIBEL & CAPTIVA ISLANDS, FLORIDA MARCH 4, 2016



After 19 years, The Sanibel School's principal Barbara Von Harten is retiring effective photos by Jeff Lysiak

## Principal Retiring After 19 Years

by Jeff Lysiak

fter 19 years, thousands of students and too many happy memories to count, Barbara Von Harten will be stepping down from her position as principal at The Sanibel School in less than two months.

Last week. Von Harten sat down to discuss her career at the school, the challenge of expanding the former elementary school into a Kindergarten through eighth grade National Blue Ribbon award-winning facility, and what she'll remember - and miss – most about her everyday duties.



At last year's STEM Night, Barbara Von Harten chatted with Jack Boyce of the Fossil Club of Southwest Florida

Von Harten said about her retirement. "I love my job, I love these kids. I love my teachers and staff here. It's hard to believe that the next musical program here is going to be my last musical program. Reality is starting to sink in.'

After serving as principal of Orange River Elementary School in Fort Myers, Von Harten came to Sanibel Elementary School in 1997 with hopes of finding her dream job. She did, and nearly two full decades later, she will pass the torch to the next school principal - who has yet to be named with a long and accomplished legacy.
 School Adds Middle Grades

In 1997. Von Harten arrived on the island to find a small Kindergarten through fifth grade school with some teachers instructing their students in portable class-



During last year's Baileyfest king and queen coronation, Barbara Von Harten placed the crown on Camryn Peach's head

## **Jeweler Hosting Special** Events This Weekend



Matt Asen prepares a dish at last year's Food & Wine Fest

ily & Co. Jewelers will host special events on Friday, Saturday and Sunday, March 4 to 6,

There will be a cocktail party from 5 to 9 p.m. on Friday, March 4 with jewelry designer Charles Krypell as the guest of honor.

The Sanibel Uncorked Food & Wine Fest tops it off on Sunday, March 6.

'Charles is a genuine people person who loves to meet collectors or those who admire impeccable pieces of jewelry," said Lily & Co. co-owner Dan Schuyler. "When you meet him, you will love the man and his jewelry."

Krypell, who was a sculptor before becoming an internationally-known jewlery designer, has seamlessly woven his two beloved crafts together by sculpting exquisite pieces destined to touch the hearts of those who wear them.

"Charles' passion for art shows through in his designs," added Schuyler. The open house is from 10~a.m. to 5~p.m. on March 5~and from noon to 5~p.m. on March 6 at the jewelry gallery, 520 Tarpon Bay Road, Sanibel. Anyone who would like to have a private showing with Krypell on Saturday or Sunday can schedule a personal appointment by calling Lily & Co. at 472-2888.



At the 2014 ribbon-cutting of the Wildlife Education Boardwalk, which connects The Sanibel School with the JN "Ding" Darling National Wildlife Refuge. Barbara Von Harten helped cut the ribbon with refuge manager Paul Tritiak.

From page 1B

## **Principal Retires**

classes for the island's growing family-age population, Von Harten submitted an application to the state's Department of Education to expand the school.

"It was a real uphill battle to add those

middle grade classes," she recalled. "I was fortunate to be able to plan what the middle school would look like."

Once the expansion was approved, she and a group that included several parents from Sanibel traveled to high-scoring schools around the state, developing a program of studies which followed what

Promoting the 2015 Every Kid In A Park initiative with supervisory refuge ranger Toni Westland

those top achieving schools had done successfully.

"(Sanibel City Council member) Marty Harrity's son, Joey, was a part of that first class – the first sixth, seventh and eighth graders to graduate from The Sanibel School. Those kids were the pioneers," said Von Harten. "I remember Marty had said to me that he'd believe (the school would be expanded) when the shovels hit the ground. All of the parents rallied around us, and helped raise the funds to build a world-class school."

Von Harten, who received her undergraduate degree in elementary education from Millersville State University in Pennsylvania along with an advanced degree from the University of Tennessee, received numerous community, civic and professional citations and awards during her career

"It's been a labor of love... I've been so blessed here," she added. "The most important thing I've tried to do is to hire the best people. We've got an incredible staff who do a lot of the heavy lifting for me. We have such great teachers here who really care about the success of each child. They are all so incredible."

#### **Mutual Respect For One Another**

Several of Von Harten's co-workers offered some of their favorite recollections of her. Second grade teacher Jennifer Hall recalled that when she started working at The Sanibel School, she hadn't become a mother yet but had the chance to teach one of the principal's sons.

"I appreciated her support of me, and now – as a parent/teacher – I appreciate the example she set of being able to work with my child's teachers and work with them as colleagues," said Hall. "I have always enjoyed her being honest with me about her expectations. I have always been able to speak honestly with her about my thoughts. Having that relationship has helped me make the best deci-

sions for my students."

School registrar Donna Marks noted that after working alongside Von Harten for 13 years, the most important lesson that she'll take away is that "you can never keep enough records and notes!"

She added, "It has been a pleasure working with such a fine person and role model. What I have enjoyed most about working with Barbara is that she is truly here for the kids and makes them love the journey."

Second grade teacher Laurie Sanders spoke highly of Von Harten's ability to keep a positive relationship between administration and staff. "Her professionalism, support, trust and confidence in us all," Sanders noted. "She is a true leader and will be greatly missed!"

In addition, Sanders explained the mutual respect which bonded the long-time principal and her staff.

"Barbara always had an 'open door' policy; no problem was ever too small for her to listen to and offer advice for," she added. "This always made me feel comfortable knowing I could go into her office and discuss any problem in complete confidence. She never once said she was too busy – although she always was – come back later or make an appointment. She always made her teachers her number one priority."

Others on her staff spoke of their friendship.

"She was always supportive and encouraging; I only wish that I was retiring with her," said art and gifted instructor Tylor Stewart. "She told me one day 'You spell principal this way – princiPAL, pal because I am your pal'."

#### A Blue Ribbon Achievement

Of the many happy memories Von Harten will carry with her, two of the most memorable she noted were the ribbon-cutting ceremony for The Sanibel School's expanded K-8 facility back in 2004 and – four short years later – becoming a National Blue Ribbon School.

"You have to be invited to apply for that honor – it was a 50-page application, and there's no guarantee that you're going to get it," said Von Harten. "After we received that recognition, it said to me that we've made a lot of right decisions here. There are so many requirements, but the one that stands out to me was making sure that every child makes learning gains. We do whatever we can to ensure every child makes those gains."

She also pointed out one of her favorite sayings: Always shoot for the moon, because even if you fall short, you've still reached the stars!

At this point, Von Harten plans on making May 5 feel just like any other day continued on page 16B

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Jim Scott, John Jacob and Jane Dumais from the Blind Pass Condo board.



From Pointe Santo Cody Peterson, Dave Waks, Robert Randall, Steve Bruner

## Condo Owners Meet With City Officials

ver 100 condominium owners, staff and vendors gathered at The Sundial on Friday, February 26 with Judie Zimomra, Sanibel city manager, and city department heads for a breakfast sponsored by Bank of the Islands.

Zimomra highlighted two new projects. One was the task force on traffic. The mayor invited community leaders, including CASI president Linda Naton, to brainstorm solutions. The goal is to reduce traffic 15 percent. As a result, YouTube videos and rack cards with the theme Don't Spend Your Vacation in Traffic are being distributed to island and off-island accommodations in an attempt to educate guests on the best times to come to and leave the island. Future efforts will involve technology apps and media campaigns and perhaps changes to roadways.

Rain from El Nino this winter has resulted in water quality issues. Most of the problems are due to releases from Lake Okeechobee and run-off from the Caloosahatchee watershed. To help modify the effect on island beaches, the city more frequently removes dead fish and will remove crab traps wherever they wash up.

Holly Milbrandt, acting natural resource director, added that water comes into Lake O six times faster than it can be released. Releases which are normally 2,800 cubic feet per second are now 9,000 cubic feet per second or 69,569 gallons per second. Sanibel's mayor joined with six other local mayors to travel to Tallahassee and Washington, DC to highlight with legislators the problems caused and the need to fund solutions. Their efforts reportedly were well received.

Milbrandt said that with full occupancy in rental units now nearly year round, illumination coming onto the beach from inside units is affecting sea turtle nesting.



**Acting Natural Resources Director Holly** Milbrandt with CASI President Linda Naton



Phil Pilibosian, president of Loggerhead Cay, with City Manager Judi Zimomra



Jim Winn of The Atrium with Keith Williams, city public works director

The city has produced After Nine, it's Turtle Time posters to mount in elevators and window decals asking guests to draw their shades after dark. They are available

from city hall. Keith Williams, city engineer and public works director, said that the 16.2 inches of rain in January caused drainage problems for a number of properties. To help solve the problem, the public works and planning departments review with property owners the drainage plans submitted when their properties were originally developed. Through the years, well-intended changes to landscapes often inadvertently impede the intended drainage flow. With this knowledge, property owners are able to effect some relief and correction.

Jim Jordan, planning director, said that the city is built out so his department has changed its emphasis to helping older properties renovate. The department is developing architectural standards that will preserve the island ambiance but allow greater leeway and encouragement for properties to renovate.

Police Chief Bill Tomlinson, who has served in the city's police department for 30 years, 14 as chief, will be retiring this continued on page 14B



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Glenna Ohlms and Bobby Houchins

## Shell Doodling Art At Sanibel Arms

Submitted by J. David Truby

anibel and creative art have a natural convergence. Then, you add the human factor and the fun begins.

Consider Glenna Ohlms and Bobby Houchins, native Virginians, who had never met each other until they discovered shell doodling art at Sanibel Arms last sea-

"Last January, I started doodling my own artwork on shells. My friends loved them so I gave them away as fast as I could turn them out. Then, an 11-year-old boy asked me to teach him to create doodle art. As a retired teacher I was thrilled to share,' Ohlms explained.

She and her husband returned to Sanibel this year, and she picked right back up on her shell sketching art. Houchins and his wife, seasonal residents at the original Sanibel Arms since 2000, also returned. He was eager to learn Ohlms art he had seen in 2015.

Houchins, a retired pest control company owner, said, "I have always liked shells and unusual art, so when Glenna shared her techniques and creations, I was on board immediately.

Together they have created fanciful, colorful and artistic designs for friends and family this season. They use Micron pens, purchased at Three Crafty Ladies shop on Sanibel, for their art.

To their respective Virginia residences, they both took home a large supply of empty shells from this year's bumper crop to continue developing their art. The Ohlms live in Nokesville, while the Houchins reside near Petersburg.

'Oh yes, we will be back next season and are planning a shell doodling art demonstration and maybe we'll have a class or two at the Sanibel Arms in 2017," both said with big smiles.

For more information, contact Sanibel Arms Condominiums at 472-2259 ot go to www.sanibelarms.com.☆



Shell doodling art

## Gallery Features New York Painters

n exhibit titled New York, New York II, featuring six acclaimed New York painters, is on display at Watson McCrae Gallery on Sanibel. It provides a ▲look into four decades of the New York art scene. The exhibit will be on display until March 31.

On Thursday, March 10 at 4 p.m., two prominent painters, Ro Lohin, former coowner and director of Lohin Geduld Gallery in Chelsea and Kevin Wixted, professor of painting and drawing at Alfred University - will give insights into the work and the artists who created them.

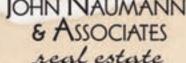
Watson McCrae Gallery is located in The Village Shops at 2340 Periwinkle Way, unit #B3.☆

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## Highlights Of The Go Wild For 'Ding' Fundraiser



Attending the Go Wild For "Ding" annual fundraiser at The Community House on February 23 were, from left, Sarah Lathrop, Gary Ogden, Birgie Miller, Doris Hardy, Toni Westland and Jim Sprankle photos by Jeff Lysiak



Several party-goers showed off their reddish egret dancing skills photo courtesy of Chelle Koster Walton



From left, Wayne Boyd, Jim Sprankle, Paul Tritaik and Ann-Marie and Don Wildman

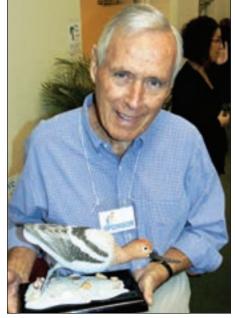


Fundraiser gala attendees mingled while bidding on silent auction items



Volunteers at the Go Wild For "Ding" dinner and auction, whose proceeds benefitted the Avian Research and Conservation Institute





Jim Sprankle with his carving of an American avocet





and Diane Cole with Lillian and Don Stokes



Checking in dinner guests were from left, Gary Ogden, Tom Guess and Lise Bryant



Sanibel Causeway

photo by Kyle Sweet

# Monthly Photo Contest Winner Annouced

he winner of RS Walsh Landscaping's February photo contest is Kyle D. Sweet. The theme of the January contest was "sunsets." Submitted photos were posted on RS Walsh's In The Garden Facebook page and at the company's Sanibel garden center.

Visitors to the Facebook page and the garden center were able to vote on their favorites. Sweet's photo of a sunset on the causeway received the most votes.

On the ride home there is often a great sunset happening in the rearview mirror and I was fortunate that the clouds opened for just a few minutes as I captured this from the beach just off the island," said Sweet. "The bridge is illuminated like I haven't seen before and I knew I had something special as soon as I snapped the shutter!'

Sweet will receive \$50 gift certificate to In The Garden. Honorable mentions go to continued on page 20B

## Buying, Selling or just want to chat... Talk to Chuck!

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## Sixty-Five Years And Counting For Sanibel's First Beauty Salon

by Anne Mitchell

ven though she was a woman of vision, when Mary Aleck opened Sanibel Beauty Salon 65 years ago with two styling stations, four hair dryers and a cistern out back to collect rain water because there was no running water at that time, she could have had no idea of the innovations that were to come. Hair feathers, beads and braids, smoothing keratin treatments, facial waxing and eyelash extensions that were in the future, are now part of the salon now operated by her daughter and granddaughter.

However, while many modern salons have given up their banks of overhead hairdryers in favor of hand-held dryers and straightening irons, Sanibel Beauty still has old-style dryers for the ladies who want traditional services such as shampoo and sets and perms.



MaryAnne Banta and her daughter Deena Gant, owners of Sanibel Beauty Salon

The salon also boasts Sanibel's first barber shop. MaryAnne Banta, who owns the business with her daughter Deena Gant, said they still offer men's old-fashioned hot lather shaves with hot towels. "We also shave heads as well as faces," she said.

Mary Aleck opened Sanibel Beauty Salon on March 25, 1951. Even though all her equipment had not arrived on the Island in time – it had to come by ferry back then, of course – she was determined to open that day because that's Greek Independence Day and she was proud of her Greek descent, being part of the Kontinos family. No matter that she had no hairdryers yet, Aleck asked her clients to sit out back on a sawhorse to let their hair dry in the sun.

On that day, she celebrated not only her Greek heritage but her Independence as a pioneering businesswoman. As unbelievable as it sounds now, she had to have her husband file papers in court saying that she was competent to own a business. A cer-



The original Sanibel Beauty Salon on Periwinkle Way



The salon today, with modern style and services

tificate to that effect hangs in the salon.

On a recent Monday, the salon was buzzing with activity. Gant was busy coloring a client's hair and between constant phone calls and walk-ins, Banta was shampooing a customer's hair and discussing her family's three-generation legacy in the beauty business.

She was also delighted to report that a fourth generation is on the way. Deena is expecting a boy in August, her first child and Banta's first grandchild.

'It's been exciting and rewarding", said Banta of her 40 years with the salon. "I love people, and I love the beauty industry. We look forward to serving you. We have

come a long way in 65 years!"

Sanibel Beauty Salon is at 2330 Palm Ridge Road, phone 472-1111.







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2501 Wulfert Road 239.292.3707 Stephanie Bissett Web ID 215055083 \$209,000



Pat Moore

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Web ID 215040515

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Tisha Lestorti

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Will Power

## A Real Fighter



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

y mother, Phyllis Hersch, passed away last week at the age of 74. She is survived by my father, Joel Hersch; my sister, Valerie Zaffos; my wife, Patti; Val's hus-

band, Steve, and five grandchildren. Mom and Dad met while she was still in high school and he was a freshman at Indiana University, pledging the Alpha Epsilon Pi fraternity. The story goes that my mother's brother, Fred, then the pledge chairman at the fraternity, had a picture of mom on his desk. My father asked Fred who the beautiful young woman was, believing that she may have been someone that he was dating.
"She's my sister," he told Joel. "Wanna

date her?

Craig R. Hersch and Phyllis Hersch

And so the romance began. Dad told stories of hitchhiking between the IU campus at Bloomington and her home in the Indianapolis suburbs. After a courtship of several years, ending in my father's graduation from Indiana University, they were married in August, 1962 when mom was at the tender age of 20. Dad was all of 22.

A year and half later, yours truly was born, followed by Valerie just about three years after me. My parents were, in essence, children raising children. But that was the

They raised us in Indianapolis, where my father got into the family retail men's clothing business that my great grandfather started. Mom worked various jobs so our family would have a few extra dollars of income. She worked in my elementary

school's cafeteria even though the other mothers who visited on parent/student day looked down their noses at my hair-netted mother serving lunches. Mom did what had

Mom had a great deal of courage too. When it became apparent that our small retail clothing business couldn't compete with the big department stores, she urged dad to go back to school to get a second degree, this time in accounting. Dad attended classes at Butler University on nights and weekends so that he could gear up to

That was gutsy enough. But when you realize that the end game was to pick up and move to Florida for Dad's second career, well that was something else. I was in high school at the time, and Valerie was in junior high school. That was tough on both my sister and I, but eventually worked out great as you can see from how both of our lives have turned out. Our current happiness and success is a direct result of mom and dad's decision back in 1980, that if they were going to begin a new life, it would be in Florida.

This was extraordinary at the time. Mom had the guts to move us away from the only family and friends she ever knew. But that was mom.

In Florida, dad opened up his accounting practice – after the first go-round with his brother didn't work out - he practiced out of our living room in Safety Harbor with only one client, Lenny's restaurant - owned by their friends Lenny and Judy Farrell. From this, dad built up a practice and rented some space in a small strip office center next to the Dairy Swirl along the railroad tracks going through downtown Safety Harbor. Mom became his assistant, and their little black dog, Teddy, joined them in the office daily, greeting their clients.

And what an assistant mom was.

She would holler from her desk around the corner of dad's office to stop daydreaming and to get his work done. Moreover, she would also yell at the clients that they better pay their damn invoices. In fact, it wasn't beyond mom to withhold dad's work product until the client actually handed her a check.

After a full, hard day working, it was common for mom to come home to clean the house, cook dinner, do the dishes and a load of laundry, then after that - iron everything! She always had more energy than anyone I ever knew. After several years, they sold the accounting practice and moved to Fort Myers to be closer to our family.

Things went well here in Fort Myers until 2005, when curiously mom's abundant energy seemed diminished. Blood work was drawn, and we were all shocked with a diagnoses of acute myeloid leukemia (AML) – setting us off to the MD Anderson Cancer Center in Houston for a life-saving procedure that at that time we knew little about, nor were we aware of how grueling the entire process would become - mom's first stem cell transplant.

continued on page 16B

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#MLS 2150458- \$269,000

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MLS#2150773 - \$449,000

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#### 580 Lake Murex - FULLY FURNISHED, CLOSE TO THE BEACH





This property is "one of a kind" and sits on a large private and secluded lot, beautifully furnished, updated kitchen, open concept living, plantation shutters, finished downstairs with the same square footage as upstairs, with tile flooring which can be easily accessed by the elevator, air conditioned two-car garage, and a welcoming paver driveway. While relaxing out on the covered deck just off the living room, you can look over the pool and into the preserves where city noise and stress are just a vague memory.

MLS#2150893 - \$1,599,000

#### 3335 Twin Lakes - SPECTACULAR LAKEFRONT





This 3 bedroom/2 bath, split floor plan elevated home has an updated kitchen and newer appliances, new carpet in bedrooms, interior stairs to the garage, spacious deck overlooking the screen enclosed pool and lake with desirable southern exposure. Two car garage with wonderful storage area, paved driveway, and a short walk or bike ride to the deeded beach access. New AC & water heater 2015.

MLS#2150885 - \$799,000

#### 11530 Isle of Palms Dr., Fort Myers Beach



Beautiful 4BD/3BA Key West style home located in gated Palm Isles. Direct, deep water gulf access home with a private dock and 10,000 lb. boat lift. Home has significant upgrades and improvements. Large kitchen with an island, new appliances, granite countertops. Master bathroom has been completely remodeled, entire house has new tile on the diagonal, volume ceilings, impact windows, new salt water pool, pool heater, brick pavers on pool deck and lanai, re-landscaped entire yard. MLS#215068144 - \$799,900

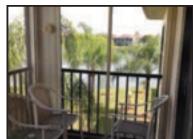
#### 17800 Broadway Avenue - FORT MYERS BEACH

Boaters' Dream set up! This 3 bedroom/2 1/2 bath home boasts 2 10,000lb boat lifts w/ canopies to protect your vessel, intersecting canals on two sides of the property, 250ft of waterfront, 2 composite docks with water/electric, hidden shed w/parking, plantation shutters, crown molding, stainless steel appliances and much, much more!.

MLS#2150593 \$779.900



#### 11140 Caravel Circle #301, Fort Myers



Cinnamon Cove - Corner unit. Furnished 2BD/2BA lake view corner unit with beautiful view of the lake. Gated 55+ community with pools, tennis courts, shuffleboard, clubhouse, dock on lake, and much more. Elevator, extra storage closet, covered parking spot.

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#### 6419 Pine Ave. / 6428 Pine Ave.

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MLS#2160207 \$1,699,000



deaRPharmacist deaRPharmacist

## Natural Cough Suppressants To Shut You Up



by Suzy Cohen, RPh

Readers: Wintertime is one of my favorite times of the year. Ahh... snowy days, crackling fire, fluffy sweaters. Cough! Cough! Haaaaack! While there is a lot to enjoy during this

season, the winter months are commonly known as Cold & Flu season or Sniff & Sneeze season because of the nasty little viruses that come with it. I just dealt with the 'flu recently and posted a video about how I overcame the bug in less than 24 hours.

No matter how long it takes you to recover, the winter season always starts and ends with an annoying cough. Coughing is the body's natural way of clearing out the air passages in our lungs. Did you know, a bad cough can clock speeds up to 60mph? We're all going to have to run a little faster to get away from the germs. I have many natural options for you today. These will help tame your cough:

1. Honey with coffee. Honey has been widely used to treat coughs for years and years. Swallowing a spoonful or two calms the throat and has been shown just as effective as an over-the-counter cough suppressant ingredient, dextromethorphan (or DM) according to the Journal of Alternative and Complementary Medicine, 2010. In the Primary Care Respiratory Journal, researchers evaluated drinking honey with coffee every eight hours and found it to be more effective than steroids.

2. Ginger has been used medicinally for thousands of years and has been effective in supporting almost every condition including asthma, migraines, constipation, and bronchitis. It is a superior antioxidant and can be cut or crushed into small pieces and added to five cups of water with some lemon and honey. Boil the mixture until half of the tea remains and then sip or slurp (what I do) the tea. Do this every two to three hours for cough relief. You can also put one drop of essential oil in hot water and do a steam inhalation.

- 3. Bromelain is a natural enzyme that fights inflammation and infections. High amounts of bromelain are found in pineapples. Bromelain has been found to help reduce the airway inflammation in lungs which could ease a cough. That's according to Alternative Therapies in Health & Medicine, 2012. Bromelain capsules are sold at health food stores.
- 4. Afrin or similar stops post nasal drip in about 10 minutes and that can shut you up very quickly if your cough is

triggered by a drip. That's what it was for me when I was sick. I also used Flunada, which is a natural cough/cold reliever

sold next to all the Afrin products.
5. Vodka or brandy. This is not your excuse to get sloshed but many seniors out there know that a shot or even just a teaspoonful of one of these drinks can soothe a cough within minutes, especially if you follow it with a teaspoonful of

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. 

#### **Superior Interiors**

## Custom Or Ready Made?



by Barb Cacchione

Tave you ever purchased a ready-made window treatment from a store, catalog or online, only to be disappointed with the way it looks on your window? If the answer is yes, you're not

alone. One reason for the disappointment may be that ready-made window treatments are made to fit "standard"

window sizes - whatever that is. If your window is slightly wider or longer, the result can be a disaster. You must also consider the quality of the fabric, the lining, the fullness and, of course, the workmanship. Custom-made window treatments take into consideration all the aforementioned criteria.

It's easy to tell the difference between custom-made drapery and a ready-made. Custom draperies are made with extra fullness. This means fabric that amounts to two and one-half to three times the width of the window is used. If it's a pleated drapery, the pleats are closer together at the top, allowing for the extra fullness to fall gracefully in elegant folds.

The pleats of a ready-made drapery are further apart and since less material is used, the drapery can appear rather skimpy.

A custom treatment will use corner weights to allow the fabric to hang straight, and prevent flaring at the hem. Special linings may also be used to avoid sun fading and add additional body to the treatment. Linings contribute to the energy-efficiency of the treatment, providing an insulating layer between the fabric and the window. The lining should be chosen with the type of fiber used in a decorative fabric in mind. There are also black-out linings available to darken the room for daytime or late morning sleepers.

Finally, the extra touches you get from a custom treatment are endless. Detailing, such as ruffling, banding, cording, trims and coordinating colors and fabrics,

continued on page 16B

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## Three Last-Place Finishes Anger Red Sox Ownership; Major Shift Ordered

Inree last-place finishes in the last four years are totally unacceptable to the Boston Red Sox faithful, and totally unacceptable to Red Sox management.

was shocked at how bad we were last year," said principal owner John Henry last week as the team gathered here at JetBlue Stadium for the start of spring training.

"You can't have the type of talent we had on the field, or at least attempt to put the kind of talent we thought we had, and get these kind of results and not look for answers," Henry added.

His action to ressurect the storied franchise was first to hire veteran baseball executive Dave Dombrowski as president of

baseball operations and dump Ben Cherington as general manager.

And his comments last week also revealed another major change - less reliance on statistical analysis and greater reliance on time-tested scouting and other methods of traditional baseball preparations.

One of the things that we've done is, and I'm fully accountable for this, we have perhaps overly relied on numbers. Too much a reliance on past performance and trying to project future performance - that obviously hasn't worked three of the last four years," Henry said.

The Red Sox was one of the first teams in Major League Baseball to fully adopt sabermetrics, a form of advanced analytics which results in downgrading the importance of scouting.

They hired Bill James, the father of this statistical phenomenon, and the very next year the Red Sox won their first World Series in more than 80 years.

But that was 2004 and this is 2016. Despite Henry's insistance that the numbers game be reduced in importance, James remains with the organization as senior advisor of baseball operations.

Most baseball experts predict a rebound for Boston in 2016 on the strength of better pitching and bigger contributions from the youngsters on the team such as Mookie Betts, Xander Boggaerts and Jackie Bradley, Jr.

The signing of David Price, one of the three best pitchers in baseball, to a mega

contract also should give Boston a huge boost.

Sports Illustrated Magazine recently gave the Red Sox a pre-season ranking of Number 8 among the 30 major league teams.

Let's hope they are right. Remember, however, many thought Boston would reach the World Series last year and look what happened.

Playoff-Bound Everblades Move Into Final Month Of Regular Season

With only 18 games remaining in the regular season, the Florida Everblades started the week with a 34-16 record in the ECHL South Division and a third-place standing in the league's Eastern Conference.

Florida is home this week at Germain Arena for three games against Toledo, Wednesday, Friday and Saturday. This gives the local hockey team the opportunity to gain on second-place Toledo in the conferance standings. The Everblades trailed Toledo by only one point going into Wednesday night's game.

# Lifeguard Certification Course At Sanibel Recreation Center

n American Red Cross Lifeguard Course will be held at the Sanibel Recreation Center on Friday, March 4 from 3 to 8 p.m., Saturday, March 5 from 8 a.m. to 5:30 p.m. and Sunday, March 6 from 8 a.m. to 5:30 p.m. Upon completion of this three-day course, participants will be certified in lifeguarding, first aid, as well as adult and pediatric CPR/AED for the professional rescuer.

The American Red Cross now offers course manuals online. Participants must bring a printed copy of the lifeguarding manual to all class sessions. For step-by-step instructions on downloading and printing the course manuals, contact the recreation center at 472-0345. Course cost is \$210 for members and \$275 for non-members. Must be at least 15 years old to register and able to attend all class sessions. Call the recreation center for swimming ability prerequisites. Class size is limited; register now!

Note that the city of Sanibel is in the process of hiring lifeguards. Individuals completing this Lifeguard Certification Course who are subsequently hired by the city will be reimbursed for the cost of the training.

For more information, contact Tasha Maddix, aquatics supervisor at Tasha.maddix@ mysanibel.com or call the Sanibel Recreation Center or visit www.mysanibel.com

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available.



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#### SANIBEL 8-BALL POOL LEAGUE 2015-16 Standings through February 29

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	272	148
Second	Sandycappers	208	212
Third	Sanibel Café	199	221
Fourth	Fresh Legion Crew	161	259

#### February 29 Results

Bunt's Ball Busters	12	Sanibel Café	8
Fresh Legion Crew	10	Sandycappers	10

#### Sanibel 8-Ball Pool League

## Brown's Shooting Aids Legion Crew

resh Legion Crew won the last seven games of its 20-game match with Sandycappers and squeezed out a 10-10 tie with the second place

George Sell started the fireworks with four wins over John Riegert and Becky Skog capped the comeback by pounding Kevin Pottorf 3-1. Skogs' last shot of the night for her third victory was a cross bank on the eight ball to stun Pottorf. Last week Pottorf lost four straight to Pete Mindel and was last seen reading his How to Play Pool book in the corner at the American Legion.

Top shooter for the Sandycappers was Jeff Brown who put Matt Hall away 4-0.

With the Bunt's Ball Busters/Sanibel Café match tied 6-6, both Dave Doane and Terry Ricotta won three games each against Randy Carson and Graham Sell

continued on page 25B

From page 3B

## Condo Owners Meet City Officials

year, in 200 days to be exact. He asked those present to let fellow guests and residents know that every burglary committed this past year on Sanibel could have been prevented if garages, cars, windows and doors had been locked.

In response to audience questions, the Zimomra reported that city council meetings are now streamed live and can be bookmarked and replayed later.

Although turtle season officially begins May 1 and extends through October 31, turtles have been coming onshore earlier and so staff will begin monitoring April

Other comments included:

- From conversations with other affected communities, Zimomra said eradication of coyotes has not been successful. The University of Georgia is doing some coyote studies on Sanibel that might be helpful.
- 21 percent of toll receipts come to the city. They are used for road improvements and will be applied to promotions to control traffic.

• The compliance deadline for most of the Dark Skies ordinance has been extended to January 1, 2018, except that all uprights and round globe lights must be replaced now. Standards for sea turtle lighting were not changed. Educational material on the new standards is being prepared.

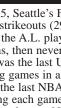
The next CASI meeting will be on March 16 at The Community House. BB&T will present two speakers on insurance. One is an engineer who re-rates properties for better flood insurance rates. The second speaker is an insurer now helping associations move away from 

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#### **SPORTS QUIZ**

- 1. In 2015, Seattle's Felix Hernandez became the fourth-youngest major-league pitcher to reach 2,000 strikeouts (29 years, 32 days). Who was younger?
- 2. Name the A.L. player who debuted in 1986 and had 100-plus RBIs in each of his first two seasons, then never hit 100 RBIs again in his 16-year career.
- Who was the last University of Tennessee freshman running back to have four 100-yard rushing games in a season before Jalen Hurd in 2014?
- 4. Name the last NBA team before the Houston Rockets in 2014 to start a season 6-0 while winning each game by at least 10 points.
- 5. Who are the two NHL teams to start a season with 10 consecutive wins?
- 6. In 2015, Sebastian Vettel moved to fourth place on the list of most Formula One victories (42). Who had been fourth?
- 7. Who is the oldest female tennis player in the Open Era to become a Grand Slam champion for the first time?

#### **ANSWERS**

and Buffalo Sabres (2006-07). 6. Ayrton Senna, with 41 victories. 7. Italy's Flavia Pennetta, at the I. Bert Blyleven, Sam McDowell and Walter Johnson. 2. Wally Joyner of the Angels. 3. Jamal Lewis, in 1997. 4. Denver, in the 1985-86 season. 5. The Toronto Maple Leafs (1993-94 season) and Purfels Schres (2006 07).

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February event attendees from left, AJ Martignette, Brian Lea, Tiffany Onischuk, Jessica DeGraw, Laura Richardson, Skyler Bauer, Justin Farmer and Luke Mancuso

## Young Professionals Meeting

n Thursday, February 18, Fresh Taqueria hosted the Young Professionals Association of Sanibel & Captiva's (YPASC) February After 5:30 Networking

Fresh Taqueria provided appetizers and guests took advantage of the draft beer selection. The members were asked to donate \$5 to the featured non-profit organization of the month, the United Way of Lee, Hendry, Glades and Okeechobee counties, specifically benefiting Sanibel-Captiva United Way Campaign.

Patrice Cunningham, special projects manager at the United Way, accepted the donations on behalf of the organization. She also spoke about the United Way's role in Lee County and on Sanibel Island specifically, as well as the VITA tax program and current volunteer opportunities.

"I am proud to be a part of this group as we continue to progress each month while building leadership roles as an established organization," said Tiffany Onischuk, wedding and catering sales manager at Sundial Beach Resort & Spa, as well as a leader in the YPASC. "I am grateful that there are a group of us that genuinely care about the future of our community.

The next meeting will be held at the Sanibel American Legion post on Wednesday, March 16. Admission is free. There will be a cash-only bar and appetizers will be

To join YPASC or to host a meeting, contact Laura Richardson at Irichardson@ bigarts.org.☆



Tiffany Onischuk, AJ Martignette and Patrice Cunningham



Elliot Sudal, Brittney Burt, Kate Eyler, Luke Mancuso and Justin Farmer



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## VIP Realtors Honored For 2015



Bell Team captured VIP's All Company Number One Team award, out of all offices in Lee and Collier counties



Mary Lou Bailey was congratulated for receiving two awards by VIP Realty Group

IP Realty Group announced that Mary Lou Bailey was the 2015 Associate of the Year for Sanibel and Captiva, and additionally was awarded VIP Realty's most prestigious award for 2015, the All Company Number One Agent, out of all the VIP Realty Group offices in Lee and Collier counties.

The Bell Team was awarded 2015 Sanibel and Captiva's Top Team, and additionally were awarded VIP Realty's most prestigious award for 2015, the All Company Number

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One Team, out of all the VIP Realty Group offices in Lee and Collier counties.

The awards ceremony was held at Kelly Greens Country Club in Fort Myers on February 19. Realtors from Sanibel, Captiva, Fort Myers and Naples offices were in attendance.

From page 10B

#### Will Power

Upon being admitted immediately upon arrival at MD Anderson, mom's first doctor told her that she only had an 11 percent chance of survival and didn't want to take the case. We scrambled to meet with her assigned patient advocate who transferred her case to a very kind man named Dr. DeLima. I remember sitting in his examination room as he went through the grim prospects. He looked my mother in the eyes and said, "Phyllis, I will only take your case if you believe?"

Mom emphatically answered yes, she did believe.

Somehow the needle in the haystack was found for her stem cell donor. The donor's name, which was not revealed until a year following her recovery, we would later learn, is Yiftach Levy, a very brave and generous Israeli who had relocated to San Diego. What was remarkable is that if you saw his picture, you'd swear he was a member of my mother's family.

The ensuing nine months would be a living hell for mom and dad. Chemotherapies first wiped out any semblance of her immune system. She spent several weeks in a sealed room, bald, pale and weak where visitors had to don masks, surgical gowns, booties, gloves and goggles because even a common cold could kill a patient who was in the middle of this process. Following the chemotherapy that brought her to a point near death, the doctors introduced Yiftach's life-saving stem cells. After that followed the worry of rejection within her system. Through all of those trials and tribulations - the needles, the pain, the suffering – Mom persevered with Dad right there by her side. And she went

through this process not just once – but twice in a seven-year time span!

Over the years, by the way, Yiftach donated his bone marrow not once, not twice, but three times to save my mother's life. And for that, we will all be eternally grateful.

The odds of someone living 11 years past the initial AML diagnosis – especially with what she had to endure – are just about zero. Mom beat those odds.

During those 11 years of borrowed time, mom celebrated and danced at all five of her grandchildren's bar and bat mitzvahs. She and dad travelled to Europe and to Israel – that Israel trip with my entire family. These are all moments that would not have happened but for her will and spirit to live

In the last few months, mom expressed a desire to see her grandchildren marry – and sadly won't be here for those events. But whenever that happens, I'm sure she will be here in spirit. Released from the shackles of worrying about taking on that next chemo treatment or doctor's waiting room, she is now free of that pain. In her final hours, we all told her how much we loved her. She even skyped with my daughter Gabi from Morocco, who is there on overseas study.

Most of all, she was loved by the man who first saw her picture on her brother's fraternity room desk. Dad has suffered the greatest loss. But he will carry on. He'll enjoy his children and especially his grandchildren. He'll dance at their weddings with mom in his heart, and one day will cradle great grandchildren in his arms.

She fought the hard fight and lived a good life. That's about all anyone can ask.

©2016 Craig R. Hersch. Learn more at www.sbshlaw.com.\\$

From page 12B

## **Superior Interiors**

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Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindecden.com.

From page 2B

## Principal Retires

at the school.

"What I like about my job is that every day is different," she explained. "Of course there are going to be the good-byes. I'll miss being with the children. I'll miss everyone here – the kids and the staff. But the school's in great shape. Whoever becomes the next principal is going to love The Sanibel School as

much as I do. It's been an honor and a privilege to work here with such a great team. It's been fun."



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SCCF board president Ron Gibson and Erick Lindblad with Trust Company chairman Al Hanser, Steve Greenstein and Dick Pyle

# Trust Company Presenting Sponsor For SCCF's Beer In The Bushes

The Sanibel-Captiva Conservation Foundation (SCCF) announced that The Sanibel Captiva Trust Company is once again the Presenting Sponsor for SCCF's 5th annual Beer In The Bushes. Staged on the grounds of SCCF's Nature Center, this popular craft beer tasting event is set for Saturday, April 9 from 6 to 10 n m

"The Sanibel Captiva Trust Company is an amazing corporate philanthropic partner for SCCF and all the island non-profit groups. They do so much year in and year out," said SCCF board president Ron Gibson. "We couldn't make Beer In The Bushes the good time it is and keep the tickets reasonably priced without the Trust Company's incredible support."

In addition to new craft beer tastings from eight local breweries, guests will also be treated to great food and world-class music. The musical entertainment this year will

be provided by Kermit Ruffins & The BBQ Swingers. Known to get the crowd on its feet by calling out "We Partyin'!", Ruffins is a well-known fixture on the New Orleans music scene. Recording on the Basin Street Records label, he is a favorite act at Jazz Fest, has been featured on HBO's hit show *Treme*, and performed recently on *The Late Show with Stephen Colbert*.

"It's our pleasure to help make this great evening possible for our fellow islanders," said Al Hanser, chairman and founder of the trust company. "Whether addressing wildlife conservation, water quality, or other environmental issues, SCCF does a tremendous job of protecting our sanctuary islands. Their work is most deserving of our support."

Guests will be helping to support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed. Pricing is \$50 per person for early bird buyers (before March 13); \$60 in advance; and \$70 on the day of the event. Reservations and advance payment are requested; register online (preferred) at sccfbeer.eventbrite.com or call 472-2329.

Four local food trucks will keep everyone happy and full. All tickets include \$10 in TruxBux redeemable for dinner choices from any of the trucks.

From page 1B

## Special Events Weekend

Sanibel Uncorked will feature cooking demonstrations and a silent auction in the store's parking lot.

This event has provided multi-year scholarships for aspiring college students and continues to offer that opportunity for more young people each year. It's the San-Cap Optimist Club's mission to bring out the best in young people by providing hope and a positive vision.

## Pirates Vs. Sox

n Friday, March 25, Sanibel Recreation Center is organizing a day with the Pittsburgh Pirates and the Boston Red Sox. Game time is 6:05 p.m. at JetBlue Park.

Tickets go on sale Monday, February 29, price \$29.75. They are sold on a first come, basis due to limited availability.

For more information call the recreation center at 472-0345 or visit www.mysanibel.com.  $\!\!\!\!\!/\!\!\!\!/$ 



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## Rotary Happenings

submitted by Shirley Jewell

otarians are almost back to normal after a couple of hectic weeks of fundraising. Well, normal may not be the correct adjective for this

group. We were still recuperating from our 33rd annual Arts and Crafts Fair, when Sanibel-Captiva and snowbird Rotarians were out in force to cheer on Rotarian, John Danner at the Cooking with the Islands Stars fundraiser for The Community House. Although Chef Danner did not receive bragging rights for the coveted title of Cooking with the Islands Stars Champion 2016, he did bring down the house with heartfelt memories about his mother teaching him her recipe for Mom's Bolognese and realizing later in life that this recipe was not authentic Italian cuisine. He then proceeded to sing an original song penned in honor of his mother titled . Thank You Mother for Teaching Me to Cook. It was a great fun evening and raised a lot of money toward the renovation, restoration and refitting of The Community House. Look for construc-

Thank you to our snowbird Rotarians for their generous support in the form of a \$10,000 check presented to The Community House at Cooking with the Islands Stars in support of this project.

tion to start very soon.

Our club speaker schedule is jampacked with some great guest speakers for our regular Friday morning meetings. Last week, we welcomed Paul Tritaik of the J. N. "Ding" Darling National Wildlife Refuge on Sanibel.

He began with a little history lesson highlighting the early conservation movement here in the United States. Although there have been conservationists in every part of the world through history, the conservationist movement here in the states really took hold during the late 1800s and 1900s. During this time, it was evident that something had to be done about unrestricted hunting of wildlife and destruction of our natural environmental resources. It was fashionable during this period for women to adorn their hats and clothing with bird feathers, so much so that bird populations were being depleted. Over-hunting of bison was quickly depleting the herds and threating their extinction. Sea mammals were being over harvested.

Although there were federal actions in the 1800s, it wasn't until the very early 1900s that a plan seemed necessary to protect wildlife and wildlife habitats. A plan was hatched by members of the Boone and Crockett Club, a hunting club founded in 1887 by Theodore Roosevelt and friends with strong interest in conserving fish and wildlife populations and other natural resources for future

In 1901, the American Omithologist Union and the National Association of Audubon Societies (now the National



Paul Tritaik, refuge manager

Audubon Society) helped pass a model non-game bird protection law. This resulted in the initial federal land namely, Pelican Island, set aside as a refuge for brown pelican. President Roosevelt issued 51 executive orders establishing wildlife reservations in 17 states and three territories by the end of his administration in 1901. There are now 50 national wildlife refuges.

Management of these refuge areas became necessary. Proposed bills for an established Refuge System, a Migratory Bird Refuge Commission and a one-dollar federal hunting stamp was brought before Congress. It took eight years before a much-revised bill passed.

"Theodore Roosevelt inspired a nation to conservation during his presidency at the turn of the century, but it didn't take long for his ideals to slip. By the 1930s, ill-advised farming practices encouraged by the federal government led to the Dust Bowl. The lid had come off of the prairie and Iowa cartoonist Jay Norwood "Ding" Darling began the vision for what would become the National Wildlife Federation. Darling saw the impact from the Dust Bowl first hand as an avid waterfowl hunter and he began letting people know about it. His cartoons and conservation ethic caught the attention of President Franklin D. Roosevelt, who appointed him the head of the U.S. Biological Survey in 1934 (the forerunner to the U.S. Fish and Wildlife Service),"

Next week's column will continue this column focusing in on the J. N. "Ding" Darling Wildlife Refuge on Sanibel.

The Sanibel-Captiva Rotary meets

at 7 a.m., Fridays at The Dunes Golf & Tennis Club. Guests are always welcomed.☆

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## School Smart



by Shelley M. Greggs, NCSP

Shelley,
I have
tried to use rewards
to motivate my
children so they will
do their homework
without a struggle,
stay on schedule
and complete their

chores and responsibilities at home. Sometimes the rewards work, and sometimes they don't. Do you have any ideas on how to make rewards work all the time with kids?

Melanie W., Fort Myers Beach

I am not sure there is anything that works with kids 100 percent of the time, but there are ways to make a reward system more successful. First of all, as you review the rewards, you want to make sure that they are acceptable, available and that they truly motivate your child. A reward is acceptable when you approve of it, or in other words you have not allowed your child a reward that you don't approve of, such as unlimited video games. An available reward is one that is readily accessible and does not impinge on your time and finances as the parent giving the reward. And most importantly, does the reward actually motivate your child or is it something that you think should motivate your child.

Reward systems are usually most powerful when a child can select from a range of reward choices often called a reward menu. Offering children such a menu can be effective because it both gives children a meaningful choice of reinforcers and decreases the likelihood that your child will eventually tire of a specific reward.

Here is a clever way to establish a

reward menu that is fun to create, easy to implement and should be highly successful. It is called the "Reward Deck" (Intervention Central) and you and your children can build this together quickly following these steps:

• First, make a master list of all the rewards that you and your children find acceptable. Make sure to be very specific about the conditions of each reward.

• Then you and your children write out the acceptable reward choices on index cards to create a master Reward Deck. You may want to have a separate Reward Deck for each child.

• To make these rewards more powerful you could label them with specific values like a big reward or a small reward. So for each reward choice, the child indicates whether he or she (a) likes the reward a lot, (b) likes the reward a little, and then you can sort the reward options into two distinct piles and identify which chores and responsibilities can earn a big or a small reward.

• Now whenever your child earns a reward, they can pull a "card" from the appropriate deck and begin to enjoy it immediately without any negotiation or hesitation from you or them.

• Periodically, you and your child should review and renew the Reward Deck so it stays motivating and acceptable for both of you.

Remember that you must be consistent with rewards in order for them to work well and motivate your children.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.



McKenna Sprecher, Carson Liebtrau and Kaden Taylor with their awards

## Virtual School Students Place 2nd In Edison Regional Science Fair

Three Sanibel Island seventh graders McKenna Sprecher, Carson Liebetrau and Kaden Taylor, attending the Lee Virtual School, placed 2nd at the Edison Regional Science Fair in the Animal Sciences category. The competition was fierce in their category as the overall winner in the junior division was chosen from the Animal Sciences.

Their project stemmed from an ongoing research project the island's virtual and homeschool group is helping the Sanibel Sea School with regard to the sand dollar population. The group was conducting growth rate research when Carson Liebetrau discovered "baby" sand dollars in December. Considering it was widely believed that sand dollars only spawn once per year in the early summer months, this was a huge discovery. From this, a group research project was born on the settlement patterns of sand dollars around Sanibel.

The group has collected and measured sand dollars at six different locations around the islands. Through their research they have concluded that the sand dollar population is mixed from one location to the next. They found a wide range of sizes from 2mm juveniles to 108mm adults.

This discovery has sparked additional research opportunities for their group along with the Sanibel Sea School that will be ongoing over the next few years.

"I am looking forward to the next phase of research that we've already begun," said McKenna Sprecher. "Having the opportunity to do real field research that can contribute to the overall scientific body of knowledge about the sand dollar is fun!"

Kaden Taylor agreed and added, "Meeting with the judges and talking about what we found was exciting. I'm looking forward to continuing our project and next year's fair."

They hope to bring greater insight into this creature and, as Carson Liebetrau said, "Next year, we'll have to go back and win first place!"

From page 7B

## Photo Contest Winner

Laurie Hafener, Katie Petrikas, Jeryl L. Scolamiero and Sue Schaller.

The March contest theme is "Flowers and Fruit" and the deadline for is March 15. Submissions should include the photographer's name, phone number, location of the photo and a short story behind the photo. Up to five photos per person are allowed. Submissions can be sent via e-mail to inthegarden@rswalsh.com.

## Bank Gives \$600 To Church Preschool



From left, associate pastor, Deb Kunkel; preschool director, Laura Miltner; winners Robert and Margaret Peterson; and Rob Lisenbee and Darrin Grotrian of Bank of the Islands

Bank of the Islands made its latest non-profit donation through its We Love Our Islands program. The winners are bank customers Robert and Margaret Peterson. They were spotted with a We Love Our Islands decal on their vehicle, winning them the right to select which local non-profit group would receive a \$600 charitable contribution from the bank.

The Petersons chose the preschool at the Sanibel Congregational United Church of Christ. This gift marks a total of \$66,800 that the bank has contributed to island organizations to date through the program.

"Providing resources to help educate our youngest island neighbors is so gratifying for us," said bank vice president, Rob Lisenbee.

Email your editorial copy to: press@islandsunnews.com

#### BeautifuLife:

## Be Ageless



by Kay Casperson

am ageless" – what an amazing affirmation when you really think about it.

It's so powerful and beautiful to be able to say those words and really mean them, and I'm

here to remind you that the actions you take and the words you say every day, to yourself and others, make the real difference in how you age.

The choice is yours to embrace the aging process and love the life you have every step of the way, but how do you really embrace the aging process and love your life? Here are a few of my favorite affirmations for staying ageless and living a balanced, beautiful life:

1. I surround myself with positive people who inspire me to be better

You choose who you spend time with. Avoid negative or pessimistic people and seek out only those that give you energy and inspire you to live life to the fullest.

2. I keep my mind and body balanced with beautiful thoughts and meaningful movement

Make every minute count by savoring all the beauty that life has to offer. Think beautiful, inspiring thoughts and engage in meaningful, beneficial activities. Find a hobby that energizes your mind and body, explore new ideas and places, and if you don't have time for a real workout, just take a nice stroll by yourself so you can find your center and focus on your thoughts

3. I fill my heart, my soul, and my life with love

We all want to be happy, and when we choose to fill our lives with the people, things and places that we love, happiness is sure to follow. Focus on what you love and what makes you truly happy, and find time to nourish your spirituality – whether it's going to church, listening to uplifting music or reading an inspiring book. Fill your soul with love so that you're always vibrant and full of joy.

that you're always vibrant and full of joy.
We all have the power to embrace and truly enjoy the journey of life and aging — it's all in the words you say, the thoughts you choose to focus on and the actions you take. I will continue to choose the words "I am ageless" — how about you?

words "I am ageless" – how about you?

Beauty and lifestyle expert Kay
Casperson lives on Sanibel with her
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**Doctor and Dietitian** 

## What To Look For In Nutritional Supplements





by Ross Hauser, MD and Marion Hauser, MS, RD

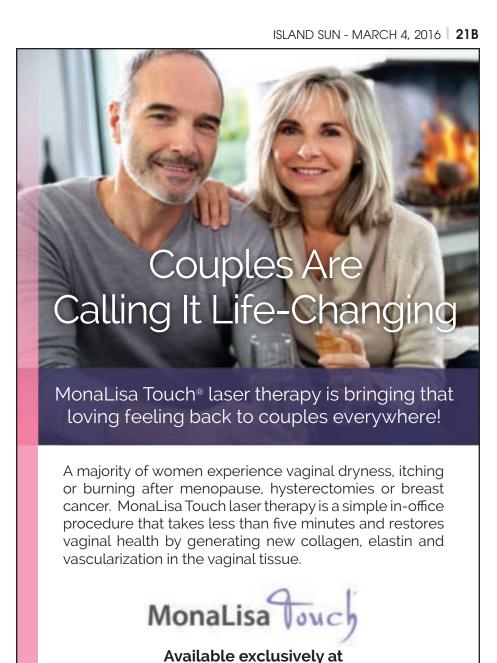
e are often asked about the benefits of supplements. Many of us take nutritional supplements, hoping for the same benefits found in the health articles we read: fish oils for brain function, glucosamine for joint health, vitamin D for immunity, or probiotics for digestive health, among many other popular ones. Prices and quality range considerably in brands. When many cheaper brands are tested, it is usually found that there is very little of the touted ingredient, making it little more than window dressing. This is common in multi-vitamins that have added an ingredient highlighted on the label for women's or men's health, hearth health, vision and the like.

So, how do you know you are getting

a quality product? Do a little research on the company. You are putting their product in your body, and therefore it is worth making sure that the company upholds rigid standards of excellence. This starts with obtaining the purest, high quality raw materials. If they test the potency and purity of each batch of raw materials, and then create formulas established through evidence-based clinical studies, chances are better that their entire product line measures up. When studies are released showing the health benefits of a certain herb, vitamin or other ingredient, a good supplement company will source that same product in the amounts studied. Just by claiming that an ingredient has been added in to a product, does not indicate if it has been added at a high enough dose to have therapeutic potency. This is why there is such a price difference in supplements. Purity and rigorous testing procedures cost more for the manufacturer, but are generally worth it in the end for those patients working with their doctor to get a therapeutic effect from supplements.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

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## Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

#### Dear Mom & Me,

Please tell me why some seniors still fall for the financial scams of the telemarketers. It seems to me that advice is given to avoid these scams in all of the newspapers, magazines and on television... and it still keeps happening. Please help me understand this behavior.

Verna

#### Dear Verna,

The criminal elements that operate these telemarketing scams are very experienced and know their trade very well. They absolutely have no conscience and will convince vulnerable seniors to voluntarily turn over their hard-earned

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nest eggs.

The seniors are probably lonely, depressed, may not read newspapers or discuss their problems with others. Some seniors may have some mental impairment and really need to have their financial assets protected by a professional legal advisor.

Lizzie

#### Dear Verna,

Telemarketers and scam artists are so darn good at what they do and so plentiful, unfortunately many people can get caught in their webs, young and old alike. Telemarketers and scam artists have a knack of exploiting needs and vulnerabilities. Combine that with an individual experiencing some cognitive or mood changes, and that is a recipe for exploitation.

In our area, the attorney general's office is an invaluable resource to assist individuals who have been exploited. If you have been or know someone who has been exploited, call your local attorney general's office for assistance.

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\\$

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**Eden Energy Medicine** 

## Acid Reflux? EEM To The Rescue



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

That causes and what is acid reflux anyway? To answer this question, let's look at the esophagus, a muscular tube

about eight inches, which connects the throat (pharynx) with the stomach. The esophagus sits behind the windpipe (trachea) and heart, and in front of the spine. Just before entering the stomach, the esophagus passes through the diaphragm. At both the top and the bottom of the esophagus are bundles of muscles which keep food and secretions from going down the windpipe (upper) and prevents acid and stomach content from going backwards from the stomach (lower). The lower bundle is not under voluntary control and this is what causes acid reflux---when the lower sphincter is incompletely closed.

So, if you have heartburn, also referred to as acid reflux, gastroesophageal reflux disease, esophagitis, Barrett's esophagus, or an esophageal ulcer, the exercises today and next week will help you! Eden Energy Medicine has many options when dealing with an imbalance of the body. Due to space, not all can be depicted in one week. These are some options that will assist and, for those of you familiar with EEM, will be useable immediately. They include: freeing the diaphragm; sedating the stomach meridian; working with the neurolymphatic

points located over the sternum; and pulling the neck with fingers. Do the following now to find some relief: cup both hands around both ears and trace backwards around the ears. When reaching the bottom of the ears, continue by tracing on both sides of the front of the neck beside the esophagus and down the front of the sternum. This tracing calms the entire system.

Freeing the diaphragm resets all the values in the body including the lower esophagus sphincter:

Step 1. Place the left hand under the center of your rib cage with the right hand placed directly on top of the left. Pull the elbows close against the body.

Step 2. Inhale deeply and push upper belly toward the hands while holding the hands firmly against the pressure of upper belly. Hold the breath while maintaining the pressure between body and hands. The longer the breath is held and the more pressure exerted from the body being pushed out to meet the hands, the better.

Step 3. When you release the breath, ease the hands. Repeat this process three

times

Step 4. On an in-breath, place the right hand around the left side of the waist and, with pressure, pull wide spread fingers toward the navel. Repeat three times. Switch and use the left hand at the right waist. Repeat three times.

Step 5. Sweep the energy from the waist down the legs.

Next week learn to trace the stomach meridian and more!

Have fun with your energy! Next week's topic is "Acid Reflux an Issue? EEM to the Rescue-Part 2.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.

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## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I suffer from a great deal of stress in my life, mostly job stress. I work for a corporation. Can you recommend a natural ingredient that can help combat stress?

A: While you

and much of the population suffer from stress due to pressure and strain, there are some helpful natural formulas made from passion flower, valerian and Rhodiola Rosea that can help ease this nerve-racking and hectic feeling that only leads to exhaustion:

• Passion Flower – This native American flower of passion will exhibit an anti-anxiety effect and it is powerful in flavanoids. Also a mild aphrodisiac, passion

flower decreases the strain in lungs and to bring more oxygen into the system. (Alternative Medicine Review, 2001).

• Rhodiola Rosea – This resistance builder helps provide cardiopulmonary protection as it works on a stress-fighting hormone that balances the adrenal glands that can throw the body's nervous system off. It also helps relieve chronic fatique syndrome.

• Valerian - Used for thousands of years in ancient Greece and China. Valerian helps provide calming and sedative affects. It can provide relief from tension, headaches, and gastrointestinal spasms (Herbal Medicine, 2000).

Studies have shown that people who have taken Valerian have had significant decreases in anxiety with an improved mood. You may also want to look into hypnosis, guided imagery and biofeedback for additional anxiety reduction.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at 

## Sanibel Doctor Helps Develop Pancreatic Cancer Therapies

our years ago Raymond J. Bergeron, PhD of the University of Florida Department of Medicinal Chemistry, invited former colleague and Sanibel resident Dr. Michael Cullen to explore an opportunity to develop his novel compound for the treatment of patients with pancreatic cancer. Pancreatic cancer is the third leading cause of U.S. cancer deaths, with over 40,000 deaths annually in the United States, trailing only lung and colon cancer.

Drs. Cullen and Bergeron had collaborated in the late 1990s for clinical research on other compounds invented by Dr. Bergeron. The UF medicinal chemist and inventor, who holds over 200 patents and has authored an equal number of scientific publications, excitedly described his novel compound, and a new Florida company was born.

This new compound, named SBP-101, is a modified version of a naturally occur-

Raymond J. Bergeron

ring intracellular molecule essential for DNA replication and protein synthesis. Dr. Bergeron had discovered that administration of SBP-101 to laboratory animals resulted in high concentrations of SBP-101 in the exocrine pancreas, the origin of 95 percent of all pancreatic cancer. The exocrine pancreas produces several enzymes necessary for mammals to digest food. SBP-101 exploits the natural and specific affinity of the exocrine pancreas for SBP-101 to target human pancreatic cancer cells. The endocrine pancreas, which is unaffected by SBP-101, is comprised primarily of islet cells, which manufacture insulin and glucagon to manage blood sugar levels.

Dr. Cullen, who has personally shepherded the FDA approval of multiple new pharmaceutical products, had previously led pancreatic cancer clinical trials and was well aware of the challenges. However, Dr. Cullen was so intrigued by Dr. Bergeron's initial test results that he decided to come out of his short-lived Sanibel retirement to found Sun BioPharma, Inc., for the express purpose of taking SBP-101 from the University of Florida laboratory through the FDA investigational new drug ("IND") regulatory process. Early progress of the pancreatic cancer project was kick-started with a loan from the Florida Institute for the Commercialization of Public Research.

Reaching out to former colleagues for technical assistance in chemistry, pharmacology, toxicology and clinical research, and to family and friends in Minnesota and Florida for investments, Dr. Cullen's team was able to finance and achieve FDA acceptance of the SBP-101 IND application in 2015, and the first human patient was treated with SBP-101 in Adelaide, Australia in January. Additional patients are expected to enroll later this spring at The Ohio State University James Cancer Center and at the Mayo Clinic in Scottsdale, Arizona.

Sun BioPharma also has collaborations with Dr. Chris Forsmark, professor and chief of gastroenterology at UF, and with scientists at the University of Miami and at Cedars-Sinai in Los Angeles.

Subsequent laboratory studies have encouraged the Sun Bio team to evaluate the potential of SBP-101 for the treatment of patients with pancreatitis, an extremely painful and sometimes fatal condition that affects approximately 300,000 people annually in the United States. Sun BioPharma plans to continue exploration of the potential for this University of Florida compound to become the first specific treatment of this serious pancreatic disease.

For more information on SBP-101 and Sun BioPharma, see www.sunbiopharma.

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- Why using ice for injuries is becoming a thing of the past.
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## My Stars ★★★★

FOR WEEK OF MARCH 7, 2016

ARIES (March 21 to April 19) You might feel more encouraged about changes in your personal and/or professional life. However, it might be best not to rush things but rather work with them as they evolve.

TAURUS (April 20 to May 20) The Bovine's business sense is especially keen this week. But remember that it's always best to investigate before investing. Make

sure there are no hidden factors that can rise up later on.

**GEMINI** (May 21 to June 20) Working on a family project could create tension between and among those concerned. Your good sense and your patience can help reduce bad attitudes and raise positive feelings

CANCER (June 21 to July 22) You should be seeing more progress in the development of your plans and more supporters joining in. News from the past could help change someone's long-held position.

LEO (July 23 to August 22) With personal aspects strong this week. Leos and Leonas might want to spend more time with family and others who are especially close to them. Also expect news of a possible career change.

VIRGO (August 23 to September 22) Taking a strong stand can be helpful this week. But be careful you don't cross the line into obstinacy. Best to take a position on facts as they are, not as you want them

LIBRA (September 23 to October 22) You have a strong sense of the needs of others. This week, turn some of that sensitivity into an honest self-appraisal. and let it find places where you can help vourself.

SCORPIO (October 23 to November 21) Creating an emotional comfort zone to handle a personal problem helps at first. But by midweek, you'll realize you need to deal with it directly or it could linger for too long.

**SAGITTARIUS** (November 22 to December 21) Turning the page on a mistake to start fresh might not be the thing to do. Better to go over each step that

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2416 Palm Ridge Road Sanibel Island, FL 33957 Phone: (239) 472-0032 Fax: (239) 472-0680 led up to the decision you made and see which one misled you.

CAPRICORN (December 22 to January 19) Goats enjoy a varied diet, but eating crow isn't on the menu -- at least not this week. An embarrassing situation might have gone wrong before you got into it. Check it out.

AQUARIUS (January 20 to February 18) Your sense of honesty might impel you to speak up about a situation you disapprove of. That's fine. But do so without sounding accusatory. You might not know all the facts behind it.

PISCES (February 19 to March 20) Being asked to create a reassuring attitude in the middle of chaos isn't easy, but you can do it. Support for your efforts comes slowly, but it does come. Enjoy an arts-filled weekend.

**BORN THIS WEEK:** Your honesty about people and issues is expressed in a positive, not painful, way.

#### THIS WEEK IN HISTORY

- On March 11, 1861, delegates from South Carolina, Mississippi, Florida, Alabama, Georgia, Louisiana and Texas adopt the Permanent Constitution of the Confederate States of America. It provided for six-year terms for the president, who was ineligible for successive terms.
- On March 10, 1876, the first discernible speech is transmitted over a telephone system when inventor Alexander Graham Bell summons his assistant in another room by saying, "Mr. Watson, come here; I want you." Bell had received a telephone patent three days before, filing just hours before another inventor, Elisha Gray.
- On March 12, 1888, agreeing to cooperate with a policy adopted by

- Congress, China approves a treaty forbidding Chinese laborers to enter the United States for 20 years. The Chinese Exclusion Act of 1882 barred immigrants based on race and nationality for the first
- On March 7, 1923, The New Republic publishes Robert Frost's poem "Stopping By Woods on a Snowy Evening." The poem, beginning with the famous line "Whose woods these are, I think I know," has introduced millions of American students to poetry.
- On March 13, 1942, the Quartermaster Corps of the United States Army begins training dogs for the new War Dog Program, or K-9 Corps. Tens of thousands of dogs had served during World War I, the most famous being Rin Tin Tin.
- On March 8, 1951, the Lonely Hearts Killers, Martha Beck and Raymond Martinez Fernandez, are executed in the electric chair in New York. The couple had schemed to seduce, rob and murder women who placed personal ads in news-
- On March 9, 1981, a nuclear accident at a Japanese power plant dumps 16 tons of radioactive waste into Wakasa Bay. Despite the risk to people eating contaminated fish, the public was not told of the spill for more than a month. Fish in the area displayed mutations for several years afterward.

#### **STRANGE BUT TRUE**

• It was Founding Father Thomas Paine who made the following sage observation: "He who would make his own liberty secure must guard even his enemy from oppression; for if he violates this duty he establishes a precedent that

will reach to himself."

- Most people prefer to kiss with their eyes closed; however, of those who do prefer to keep their eyes open, the vast majority are men.
- It's well-known that a certain segment of native Londoners speak in a dialect known as Cockney, which makes frequent use of rhyming slang -- some classic examples are "dog and bone" for "phone" and "apples and pears" for "stairs." A more recent addition to the vocabulary is "Donald Trump," which, for at least the past 15 years, has been used as an equivalent for going to the bathroom.
- If you watch TV or movies at all, you've probably seen some variation of the Humane Society disclaimer "No animals were harmed in the making of this program." You may not have considered that it's also applicable to insects, but those who make the programs certainly do. In fact, if you see a bug being destroyed in a contemporary movie, it's a safe bet that the bug was dead before the scene was shot. There are even people who stuff dead bugs with a sort of cream to fill it out -- and to ensure a satisfying squish for the camera.
- You may be surprised to learn that many people never even feel it when they're bitten by a venomous snake. (They certainly experience the aftereffects, though.)

#### THOUGHT FOR THE DAY

"In the case of good books, the point is not how many of them you can get through, but rather how many can get through to you." -- Mortimer J. Adlerv

From page 14B

#### 8-Ball Pool

to beat back Sanibel Café 12-8. Mike DeWitt also posted three wins over Jimbo Gaubatz for the Ball Busters and Pete Mindel again led Sanibel Café with three wins against Steve Gordon.

The league's single game, double elimination singles tournament now has 11 shooters signed up with their \$20 entry fee paid. They are Rich McCurry, Bob Buntrock, Cecil Crowe, Terry Ricotta, Becky Skog, Dave Doane, Pete Mindel, Doc Lubinski, John Bates, Randy Carson and George Sell. The tournament starts at 5p.m. on Monday, March 28. Spectators are welcome at the American Legion Post 123. Last 

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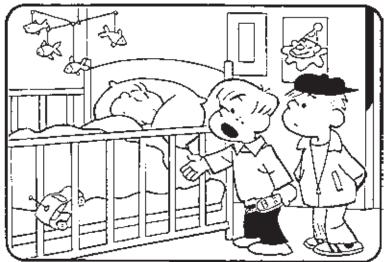
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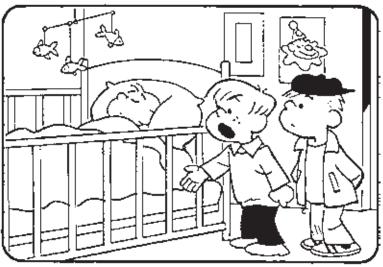
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Career information available Gift ideas available

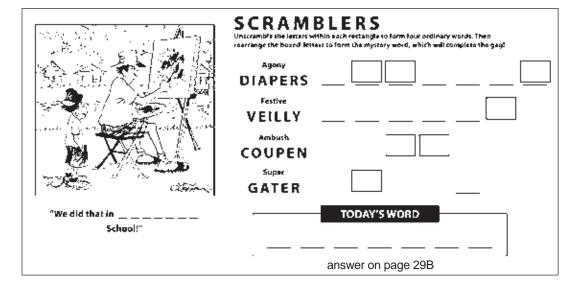
BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



4. Remote control is missing. 5. Clown is reversed, 6. Coat is opened. Differences: 1. Fish is missing. 2. Car is missing. 3. Arm is lowered.



2		8	3					1
		3			6		4	
	4			5		7		
1				8		4		
		2	6					5
	5				7	9	8	
	9			2		5		
		1		9	3		2	
8			4					7

## SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B

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SUDOKU

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# THE — : MOVIE TITLES

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	OSDSIKO							
2	7	8	3	4	9	6	5	1
5	1	3	8	7	6	2	4	9
6	4	9	1	5	2	7	3	8
1	3	7	9	8	5	4	6	2
9	8	2	6	3	4	1	7	5
4	5	6	2	1	7	9	8	3
3	9	4	7	2	8	5	1	6
7	6	1	5	9	3	8	2	4
8	2	5	4	6	1	3	9	7

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1. Despair; 2. Lively;

3. Pounce; 4. Great

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The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.

Traditions on the Beach at Island Inn has live entertainment Friday and Saturday with Joe McCormick and Marvilla Marzan. On Sunday, it's Dusk. The "Jersey Kid" Mike Arnone performs on Monday. On Tuesday, it's Woody Brubaker. On Wednesday, it's Guest Artist Night with the Cape Cod All Stars. On Thursday, Joe McCormick and Marvilla Marzan perform.

Il Cielo has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

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316.2065(1): Cyclists have the right to operate on roads.

316.083(1): Vehicles overtaking a cyclist must pass at a safe distance of not less than 3 feet.



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Development	City	Year Built	Square Footage	<b>Listing Price</b>	Selling Price	Days On Market
Bonair	Fort Myers	1984	6,084	\$1,595,000	\$1,400,000	155
Cape Coral	Cape Coral	2003	5,274	\$1,099,999	\$1,050,000	211
Ravista	Bonita Springs	2002	3,443	\$1,025,000	\$975,000	5
Beachview Country Club Estates	Sanibel	2002	2,472	\$995,000	\$905,000	90
Cape Coral	Cape Coral	2001	2,268	\$799,900	\$782,000	12
Venetian Gardens	Fort Myers Beach	1967	2,052	\$769,900	\$750,000	106
River Village	Fort Myers	2007	3,194	\$799,000	\$736,000	72
Not Applicable	Cape Coral	2012	2,573	\$789,000	\$720,000	101
Cape Coral	Cape Coral	2012	2,657	\$669,000	\$641,000	40
Glen Eagles	Estero	1998	1,877	\$610,000	\$602,500	0

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Gulf Coast Symphony 472-6197
Lee County Alliance for the Arts
Naples Philharmonic
The Herb Strauss Schoolhouse Theater
Sanibel Music Festival
Sanibel-Captiva Art League sancapart.com
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JN "Ding" Darling National Wildlife Refuge
Sanibel Historical Museum & Village
SCCF Sanibel-Captiva Conservation Foundation
To be listed in calling card email your information to:
To be listed in calling card email your information to:

press@islandsunnews.com

## Pets Of The Week

'ello, my name is Blanca. I'm a 2-year-old spayed female Pit Bull Terrier. I'm a high energy dog who Loves to play with my friends here at the shelter. We love to run, jump, play in the water, chase bubbles and do all the stuff that dogs love to do. I sure would love to do it with a new family and in a new home. I've been at the shelter since December. Won't you consider giving me a forever home? My adoption fee is \$75. Get \$20 off when you make a basket during Animal Services' March Madness adoption promotion.

Hello, my name is Bob. I'm a 3-year-old male domestic short hair brown tabby. I once had a home where I was an inside cat. Then, my neighbors noticed I was living outside and my owners had left with everything in a U-Haul truck. Everything, that is, except me. Do you have a place for me in your home? I'd love to be you life-long companion. My adoption fee is \$50. Get \$20 off when you make a basket during Animal Services' March Madness adoption

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, ageappropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet

The adoption package is valued at \$500. $\$ 



Blanca ID# 614664



Bob ID# 653774

#### **PAWS Of Sanibel**

## Help Locate Two Missing Cats

his is Woody. He disappeared earlier this month from the Waterside Inn, 3033 West Gulf Drive, Sanibel, where his people were vacationing. He's an 11-yearold neutered male and his family will only be here another week or so, However, if he is found, his dad will fly back to

If you've seen him in the area, call (810) 406-8305 or (810) 282-9987.

Bessie is a 13-year-old spayed petite female weighing 5.5 pounds. Bessie has been at Pointe Santo, 2445 West Gulf Drive, Sanibel, vacationing with her mom for the past six weeks. She has been



Bessie has been missing since February 19

missing since Friday, February 19, when she apparently slipped out the door when it failed to latch properly. If you see Bessie, call Ellen at (508) 733-8491

The PAWS Pet Of The Week is Angel Baby, who was found by a Holiday Inn vacationer in the parking lot at 1231 Middle Gulf Drive, Sanibel. She is four to five months old and has almost finished all her immunizations. She won't be old enough for her spay surgery for another two months, but Coral Veterinary Clinic and PAWS will take care of this procedure when the time comes.

She's a sweet little girl and likes to play with tous or other cats. If you're interested in adopting Angel Baby, call Pam at PAWS, 472-4823. \$



Woody went missing earlier this month



Angel Baby is PAWS Pet of the Week

# BEACH CHAIR PAST

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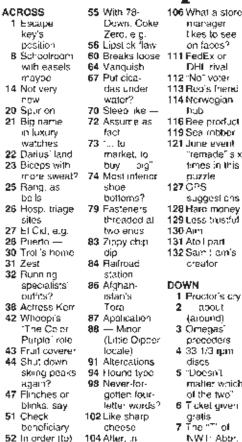
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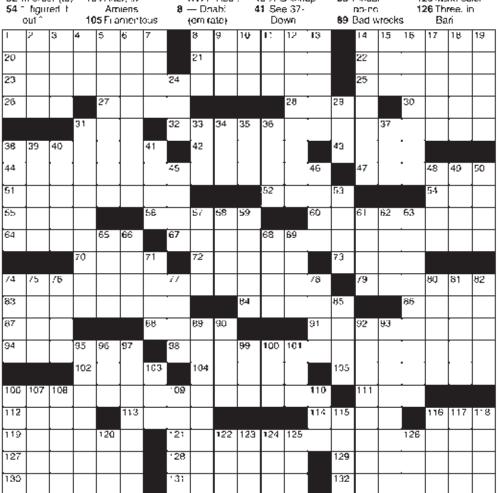
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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

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Godfather

2242 Periwinkle Way Sanibel Square, Suite 3



## The SanibelSusan Team



Susan Andrews Realtor®



David Anderson Realtor® Sales Associate

472-HOME (4663) • 888-603-0603



Lisa Murty Realtor® Sales Associate



Elise Carnes Notary, Listing Coordinator

Thinking of selling, but don't know when it's the best time?

That's usually when inventory is low & demand is high. Like now!

About 165 condos sell on Sanibel every year, but just 105 are for sale now. 49 already have sold this year.

About 215 Sanibel homes sell every year, but just 146 are for sale now. 49 already have sold this year.

About 55 Sanibel lots sell every year, but just 67 are for sale now. Eight already have sold

If you want to sell your property this year—or within the next 12 months—list it now!

# More info & real estate blog at SanibelSusan.com

SanibelSusan has been living & working on Sanibel since 1992 & has sold 445 island properties, totaling over \$272 million & including 219 condos, 174 homes, & 52 lots.

Call us about selling your property.

Our proposals & market analyses are free & no obligation!

2016 is shaping up to be the best year for sales since 2006!



918 Lindgren Blvd in Shell Harbor—\$1.495M Remodeled & expanded in 2009/2010 All new systems, roof, windows, doors, fixtures & more Great room design with gourmet kitchen Separate dining room, utility room & 1/2 bath Enormous master suite with den/sitting area 2 guest bedrooms each with their own bath Screened heated salt-water pool Sea-walled canal with patio dock & boat lift Deeded community beach access at end of street



1311 Sand Castle Rd In The Dunes Old-Florida-style home Nature lovers' lake view Split plan design High ceilings/wood floors Screened pool & spa Golf & tennis community Community beach access \$849K



837 Limpet Dr Single-family home lot On cul-de-sac In Shell Harbor Up canal from marina Over 1/2 acre High, dry, mostly cleared Seawall & patio dock Community beach access \$749K



Sanibel Arms West #E2 Beach-front walk-out 2 bedrooms 2 baths 2 lanais, 1 gulf facing Washer/dryer added Easy on-site rental office Annual income over \$70K Rental fee just 10.5% Low condo fees too \$899K



Sanibel Surfside #123 Handy east-end condo This balcony view Bright 2 bedroom 2 bath Open remodeled kitchen Bright tropical decor Successful rental Many repeat tenants Pool & tennis too \$874K



Sundial Resort #R401 2 bedroom plus den Remodeled & rental ready **Top-floor corner location** This view to gulf In rental program Can rent nightly on-site Or weekly off-site Resort amenities all new \$799K



Sand Pointe #122 West Gulf Dr condo 2nd floor 2 bedroom Balcony view to gulf Open remodeled kitchen Weekly rentals Years of income Fully equipped to continue Comes with bookings \$749K



Lighthouse Point #129 29 steps to this beach Ground-floor 3 bedroom Split-plan, over 1700 sq. ft. Residential complex Community clubhouse too Convenient east-end Near fishing pier Walk to olde Sanibel shops \$699K



Compass Point #221 Middle Gulf Dr condo ~1500 sq. ft. 2 bedroom Near beach, pool, tennis Charming cottage-style Bright open kitchen Wood floors & built-ins Comfortably rental ready Already earning \$35K+/yr \$599.9K



Coquina Beach #3G Tropical east-end 2nd-floor 2 bedroom With large upper loft Or 3rd sleeping area High ceiling in great room Remodeled kitchen **Excellent rental income** Community pool & tennis \$524K



Mariner Pointe #842 This bay-view 2nd floor 2 bedroom Glassed balcony Open front deck too Community amenities: 2 pools, tennis, Boat dockage, bbq areas, Deeded beach access \$499K



Sanibel Moorings #822 This walkway to beach 2nd floor 2 bedroom **Tropical gardens** 2 pools, tennis, laundry Easy on-site office **Assigned parking** Outside storage locker Turnkey with rentals \$474K



Sandpebble #2B **Next to Sanibel River** 2nd floor 2 bedroom Remodeled kitchen Beach across street Weekly rentals allowed Community pool, tennis, Laundry with storage, Waterside bbg & dining \$449K